



The INSIDER

An Independent Newspaper
For Wynmoor Residents

VOL. 7 NO. 10

OCTOBER 2023

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SECURITY NEWS

Dispatch: 954-978-2667

For Medical and Life/Health Threatening Emergencies, Always Dial 9-1-1 FIRST!

Remember to STOP at ALL Stop Signs. The speed limit around Wynmoor Circle is 25 MPH and 15 MPH on the North Road and in the villages. Citations will be given out to those who violate the road rules. First Offense: \$25 Fine Second Offense: \$50 Fine

Remember that Cyclists Must Obey Traffic Laws, including the flow of traffic, obeying traffic signs and signals, observing basic rules regarding turns and lane changes.

Crime Prevention Round Table: Be informed! Know what is going on in your community! Come to the Crime Prevention Round Table, sponsored by the Coconut Creek Police Department.

Your Guest List

Unit owners or tenants are responsible to call in their guests, including aides/nurses, cleaning people, personal transportation, realtors, contractors and vendors.

Make sure your guests have I.D.s ready when approaching the gate for proper verification. They must have the NAME and ADDRESS of the resident they are visiting.

Important Numbers

For Medical Emergencies Always Dial 9-1-1

- Emergency:..... 954-978-2663
- Automated Gate Access:..... 954-978-2666
- Security Dispatch:..... 954-978-2667
- Resident Registration Office:..... 954-978-2600, ext. 321
- Coconut Creek Police, Non-Emergency: 954-346-4400

Hours of Operation

- Administration/Pool/BBQ:..... 7:00 AM - 10:00 PM
- Fitness Center:..... 7:00 AM - 10:00 PM
- Country Club: 8:00 AM - 11:00 PM
- Racquet Center: 8:00 AM - 8:00 PM
- Theatre Complex:..... (Movies Only) 7:00 PM
-(unless there is a specific approved event)

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From the President



Welcome October!

It seems like only yesterday that Wynmoor was nothing but flat farmland, dusty and dry in the bright Florida sun. Almost 50 years later that flat farmland has been converted into one of the most beautiful communities in America. Wynmoor is truly an elegant city within a city. Many communities of considerable means and high status do not have available the number of amenities, services, and clubs that Wynmoor offers, from our first-class entertainment to our sports facilities. It has become an important factor in living graciously and fully, which is, after all, one of the most important considerations in calling Wynmoor home. I hope that you will agree and share my obvious pride in our community, because it provides all the features of a Country Club lifestyle. Happy 50th Anniversary Wynmoor!

“We’ve Come A Long Way Baby” (LOL)

We are elated that Dr. Michael Funk has set up a practice in the Wynmoor medical facility. It is convenient for our residents to have access to healthcare services on property. This facility will be fully staffed with various personnel to meet our residents’ needs and provide comprehensive care. Since the office is open five days a week, it ensures regular availability for those who may need medical attention. This medical facility is limited to Wynmoor residents, guests, and employees ONLY. Appointments ensure that patients receive timely care, reducing wait times and providing a more organized experience. Come in and meet our healthcare staff.

As our insurance rates are increasing, we want to assure our residents that Wynmoor is taking proactive measures. It’s important that politicians on both sides of the aisle work together and call another special session on insurance for additional reform that can provide relief to our residents. The Legislature has made improvements, but they can do better. Clearly, this is a complicated issue that impacts everyone in the state, and this crisis is going to take a collective effort to solve. To be successful, we need our national and state-based insurers to continue their commitment to Floridians. The issue is not insurance alone. It affects the entire states economy.

Wynmoor Main pool facility has always been a jewel in the crown of relaxation and indulgence. This year, we have a surprise in store for you, a stunning furniture makeover. The old, weathered furniture will give way to

a new modern look of elegance and comfort. Our residents and guests will be so delighted at the sight of beautifully crafted pool furniture. Surrounding the pool, a series of lovely tables and chairs are standing by for your pleasure. As you settle into your new lounge chair, you can’t help but smile, knowing our main pool area has become an even more inviting oasis. Come with a good book, or just lounge and chat with friends and neighbors.

Wynmoor Community Council and the Health & Wellness Club presents the “Senior Health Expo” on Tuesday, October 10th from 10:00 a.m. to 12:00 p.m. in the Wynmoor Country Club Ballroom. We will be offering “Free” Firehouse box lunches to the first 250 guests, Healthy Activities, Health Screenings, Free Raffle Prizes – (\$1,000 in prizes – including a Flat Screen TV, Gift Cards, Gift Baskets and more), DJ and entertainment and much more. Please take advantage of this educational opportunity.

Thank you for your continued support and engagement in events and activities; Shows, Movies, Bingo, Friday Night at the Cove, and Sunday Afternoon Music Poolside! Something for everyone to enjoy. Get out there and mingle with your friends and neighbors. Come join us on Friday, October 27th, from 7:00 - 10:00 p.m. in the Grand Ballroom for our Annual Halloween Ball, enjoy sweets and treats and dance the night away. Come and dress to impress, prizes will be awarded for the best group, spookiest and the most creative costumes.

October is a popular month for our seasonal residents to make their journey back to their Wynmoor home, please travel safely.

Happy Halloween and GOD BLESS!

Jackie Railey

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WHO WILL BE THE SPOOKIEST GHOUL OF ALL?



HALLOWEEN COSTUME CONTEST

Friday, October 27th

DRESS TO IMPRESS!
The announcement of winners will be held at the Annual Costume Ball. Prizes for best group costume, spookiest, most creative & more!
Please, no inappropriate costumes allowed



October & November Shows

Stay tuned for these upcoming shows!

October
Featuring a Comedian, Soloist and Doo Wop!

October 14th: Peter Fogel and Shelley Keelor; 8 pm; \$14.00

October 28th: Joey and The Paradons; 8 pm; \$14.00

November
High energy, engaging and extremely versatile entertainers!

November 4th: The FM Band; 8pm; \$16.00

November 11th: Motown Magic; 8 pm; \$16.00

November 18th: Johnny Petillo; 8pm; \$16.00




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Hate Speech Is In Our Own Backyard

By Andrea Joy Frankel-Bellitto

In response to the article written by Diane Guerrero-Cohen, although I respect her history lesson on Rwanda and Germany, I think she, as well as all of us need to concentrate on today and our own backyard! Right here at home especially with the media and some of our Congress, who should set the standard.

Look at what is happening right now in our country with the Catholic Church and the terrible hate speech against Jews and Israel by members Congress. "The Squad" Hate speech personified, and I do not hear anyone complaining about that. AOC and her cronies have on many occasions been VERY hateful. Terrible! As an AMERICAN Jew I take great exception to "hateful" comments and suggestions like we should defund our greatest ally and the other hateful comments publicly made with no blow back!

What happened in Rwanda was not "caused" by hate speech, nor was Germany. It was caused by "hateful" people who with their dictatorial and totalitarian ways, with the help of propaganda created hells on earth.

We have the greatest asset of any country in the world. That is our Constitution and our 1st Amendment. Without that Amendment none of the others matter! However, even though we have the "right" to free speech, doesn't mean it is always "right!" You cannot yell falsely, fire in a crowded theater. You will be arrested and rightly so.

We have seen how hate speech and bullying has hurt and, yes, killed teens because of social media. We don't have to look into the past and other countries to see what is right in front of our eyes. So, the question is, what do we do? First, we have to remember children belong to their parents until they are 18 years of age, and this starts at home. Good values, and a solid understanding of right and wrong is essential. We have been lacking in that department. We must get back to that. Remember the old adage you get more with sugar than you do with vinegar? Maybe it is time to bring back some of those "old" ideas. As we are a

representative republic and NOT a democracy, is our responsibility to start to get rid of those in office that do not send the right "message" as they should be setting an example. Not promoting hate and hate speech.

So, not to forget the "tragic chapters" in history, let's concentrate on our own backyard and learn from them!

Remembering Wynmoor

By Lynne List

Since Wynmoor's 50th Anniversary will soon be upon us, my mind turned to thoughts of how things were when my husband and I purchased a condo in 1977. What were things like then? How are they different?

The Club House. It was beautiful. The ballroom was gorgeous with a professional stage. The pool was in the back, facing the golf course. How wonderful it was to be able to get off the course, change into a bathing suit in the gym and cool off in the pool! The Club House also had 3 private dining rooms available for residents. Each dining room had an entrance from the Club House and one to the outside and each had a galley kitchen fully equipped with pots and pans, dishes, and silver. In the lounge room there was a bar and a piano. Residents would gather there to meet and talk. On Sundays bagels were served. On the front of the building, running from the building to Wynmoor Circle, there was a miniature amphitheater. Every Monday night we sat on the stone steps and enjoyed a concert of one type or another. In the Club House there were rooms for the special areas, painting, ceramics, wood working, etc.

The Golf Course. Originally, when you finished the first nine you were at the footbridge, ready to walk across and return to the Club House. What is now holes 14 and 15 was one long hole with a dog leg to the left. The golf course was rearranged to accommodate the buildings. Speaking of change, when we purchased our condo we were told that the northern portion of the land was to be a 9-hole course.

Continued on page 9

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October 28
10^{AM} - 2^{PM}

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pen to paper

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Activities. In addition to the special areas there was a club called The Wynmoor Entertainers. This was an umbrella group for at least 9 entertainment groups, most headed by retired professionals. In no special order there were, the Barber Shoppers, The Gilbert and Sullivan Troupe (run by Bud Packer who had a CBS Savoyard program in New York), the Chorus, The Orchestra (directed by Ben Goldman who wrote the music to "Puff the Magic Giant"), the Harmonica Group (run by Lou Dillon who was a member of the Harmonicas), The Yiddish Club, The Dance Group run by Gert Weinberg, The Drama Group and the Musical show group. Helping all the performances was Mitch Miller who was a lighting man from Broadway. He kept getting calls back to set the lighting for new shows.

One of the biggest clubs at that time was the Bridge Club. With over 500 members and 7 games a week it ranked 25th in the country. The East Wing had to be reconfigured to accommodate the club.

There were inter-condo competitions each year in Golf, Bridge, and bowling. After each tournament lunch was served and the condos rotated hosting.

Other Perks. Wynmoor had nurses on duty 24/7. You pushed the button in your condo and a nurse was there to help. There were other strict rules. No man was permitted to be bare chested except at the pool. No walking the circle, riding a golf cart or even driving your car. You could move in with a dog but once it passed you could not replace it.

If you had an unexpected guest, you got a call, switched on your TV and you could see the driver. The cameras at the gates let us view who was coming in.

There were many famous retired professionals, from all areas of life, residing here and many worked actively for the community. We even had our little uniformed "Call for Philip Morris" man. (I would guess many of you do not remember him.)

One of the charming features that greeted us when we entered the community was canoes in the lake adjacent to the Club House.

Yes, there have been many changes since Wynmoor's inception. Some have been for the better, some for the worse. But for those of you who were not here at

that time, I hope you now have an idea of what Wynmoor was like 50 years ago.

What is the Truth About Anything?

By Mobolaji Adedoyin

A dictionary defines truth as "conformity to fact or reality; exact accordance with that which is, or has been or shall be." Another dictionary defines truth as "the body of real things, events, and facts." Aristotle's well-known definition of truth said, "To say of what is that it is not, or of what is not that it is, is false, while to say of what is that it is, and of what is not that it is not, is true."

The Bible has much to say about truth and directly relates it to God. In fact, the definition of truth in "Harper's Bible Dictionary" includes the statement that "God is truth." And this is how He is understood in Christian Science, the Science by which Jesus healed.

What is the difference between a fact and a truth? A fact is something that's indisputable, based on empirical research and quantifiable measures. Facts go beyond theories. They're proven through calculation and experience, or they're something that definitively occurred in the past. Truth is entirely different; it may include fact, but it can also include belief. A belief is something that is based on an individual's opinion or perspective. A truth is more than a belief, as it is not based on opinion or perspective. A fact is more reliable than a belief, as it is based on evidence or proof. A truth is more important than a fact, as it is the basis for all other knowledge.

I asked myself, is half-truth better than no truth at all? It depends on the subject, sometimes half-truth may suffice because one can read between the lines and figure out the whole truth. However, most people would prefer a whole truth - the question is whether that is possible in the world we live.

Is there such thing as historical truth? That is a difficult question to answer. Sometimes, it is difficult or impossible to know the whole truth about something

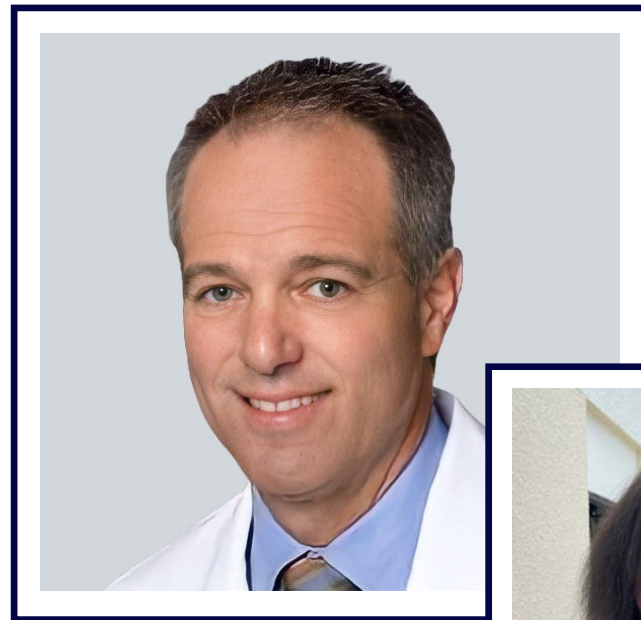
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- Chicken Skewer on Pita w/Tzatziki: \$10.00
- Spinach Pie w/Greek Salad: \$10.00

All Meals Include Coleslaw, Chips and Drink. Sprite, Coke, Diet Coke or Water. * Cash Only *




The Cove is located on the Country Club Patio on Thursdays from 5:00 PM - 8:00 PM. Food available to purchase between 5:00 PM - 7:00 PM while supplies last.




For more information, call Recreation at 954-978-2600, press 1.

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We re-welcome you to the Wynmoor Community Council Amenities Scheduler Website!




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Don't forget to register for all fitness classes you'd like to participate in.

You'll have the opportunity to register two weeks ahead of time.

Amenities Scheduler Site:



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ALL REGISTRATION must be done a minimum of 24 HOURS IN ADVANCE to secure your booking.

1. Visit www.wynmoorlife.com, and sign in with your email & password. **If this is your first time signing in, please click 'Forgot Password' to set a new one.**
2. Click on Amenity Booker, and choose your class.
3. From there, choose the date that coincides with the day of the week of the selected class.
4. Once you agree to the terms and conditions, submit your booking, and you'll receive an email confirmation that you're class is all set!
5. **Forgotten your password?** Click 'Forgot Password' and the details will be sent for you to reset.

Pre-registration for all Complimentary Fitness Classes will be required. This will allow all Wynmoorites the opportunity to partake in the enjoyment

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1st Tuesday of Every Month

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1503 CAYMAN WAY G3 – 2BR W W/D	\$209,000
3306 ARUBA WAY B1 – 2BR W W/D	\$224,700
2305 LUCAYA LANE E4 – REMODELED 2BR	\$260,000
3304 ARUBA WAY C1 – 1BR PARTIALLY REMODELED W W/D	\$164,900

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2303 LUCAYA LANE F4 – 2BR	\$159,000
2904 VICTORIA PLACE G2 – 1BR/SEASONAL RENT	\$160,000
2501 ANTIGUA TERRACE C3 – 2BR	\$148,800
4701 MARTINIQUE DRIVE – 1BR 1.5BTH.....	\$169,900
3303 ARUBA WAY M3 – 2BR W W/D.....	\$189,000

WYNMOOR CLOSED SALES

3003 PORTOFINO ISLE E1 – 2BR.....	\$234,000
1502 CAYMAN WAY G1 – 2BR W W/D	\$205,000
3302 ARUBA WAY B4 – REMODELED W W/D	\$350,000
3403 BIMINI LANE H2 – 2BR W W/D.....	\$185,000
2103 LUCAYA LANE F2 – 2BR	\$160,000
3306 ARUBA WAY 01 – 2BR W W/D.....	\$225,000
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Continued from page 9

that happened a few years ago how much more things that happened two hundred years ago. To get most of the truth about anything, we must use multiple sources to gather information, even then we may still never have the whole truth.

I must admit, it is sometimes impossible for many whites to say the truth about racism, prejudice, and injustice against blacks, especially when those whites are surrounded by family members, neighbors, co-workers, and friends that do not want to hear the truth.

Some people believe the number of Jewish people killed in the holocaust was more than six million - the number most people are familiar with. It is also difficult to estimate the exact death toll that resulted from the transatlantic slave trade of blacks. There weren't exactly people measuring these numbers at the time. There are historical estimates of how many people may have died in capture, during the voyage at sea, and due to disease, starvation, and back breaking labor in the New World. But what is certain is that the slave trade was a genocide against African people - some refer to that as "African Holocaust." The transatlantic slave trade was also the largest, long distance coerced movement of people in history. The official United Nations estimate is 17 million, however, some intellectuals inclined to agree that the death toll was between thirty (30) to sixty (60) million.

Before the advent of video cameras, historical truth depends on who is writing about an event. Many moons ago, historians changed facts to support their own agenda or misconceptions about historical events. Recently, some people forgot that most public events are now recorded by video cameras, which we can replay repeatedly as necessary. It is not even three years, some people already referred to the incident at the U.S. Capitol as a peaceful demonstration - that is not true. Five people died either shortly before, during, or following the event: one was shot by Capitol Police; another died of a drug overdose, and three died of natural causes. Many people were injured, including several police officers. Four officers who responded to the attack died by suicide within seven months. As of July 7, 2022, monetary damages caused by attackers exceed \$2.7 million - those are the truth.

Here is another truth, as a country, we are now bitterly divided between the truth and lies. Over the past six years, our people disagreed over basic truth - some continue to manufacture lies to support their lies and to justify their misconceptions and crazy ideas. Our "so called leaders" no longer communicate constructively to find solutions to our country's problems. Some have stopped thinking about the people they serve but only think about themselves and how to get rich and be more powerful. Many of them are not thinking about which kind of country they would like to leave their children, grand-children, and great-grand-children.

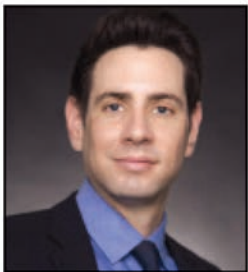
The truth is this country now belongs to all hard working and law-abiding citizens - nobody is going anywhere because we have nowhere to go. The truth is, it is better to be reasonable and work together to make it better or we will gradually destroy ourselves and this great nation.



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ASK DR. JOY

By Joy Berke Sanchez Ph.D.



Self-Esteem

This article was originally written in 2016 and has been somewhat updated. It is an important subject and one that I have been specializing in for years. In fact, right before the Covid lockdown I gave a 4-hour workshop on it. The subject is self-esteem. I also cover it in my books.

The pioneer psychologist in this area was Dr. Nathaniel Branden who also happened to be my mentor and friend. His book, *The Psychology of Self Esteem* was written in 1969 and now almost 55 years later is still a best seller and the premier book on the subject. Since I have read this book at least 5 times from cover to cover and a multitude of times piecemeal, I can't really separate what he says from what I would say so I will credit Dr. Branden with this article although it is written in my words.

Self Esteem has two parts to it and they are inherently interrelated. It consists of a sense of personal efficacy along with a sense of personal worth. It means I am competent to live (happily and successfully) and worthy to do so.

In order to seek to fulfill values that will lead to happiness a person must choose those values volitionally and purposefully. He/she needs to use reasoning abilities to choose correctly but must also value the beneficiary of those values which is him or herself. So, in order to seek happiness a person must feel worthy to achieve it.

Self-esteem is a moral appraisal and since morality pertains only to the volitional (that which is open to choice) a person who continually makes choices that lead to pain and misery cannot possess true self esteem. The first act of volition that leads to self-esteem is the choice to think or to 'fog out', to consciously and deliberately observe and evaluate the world or pretend to not see what they see or know what they know. To be able to understand the consequences of their choices and not just act without thought to what the probable outcomes of the behavior will be.

As a person makes appropriate choices leading to success (we are not talking money here) and happiness he/she develops the sense of worth that leads to more appropriate choices and the cycle continues and self-esteem grows. If we like the outcomes we have produced in our lives we achieve a sense of pride in our competency and that leads to feeling worthy of more positive outcomes.

One thing that I would like to make really clear is that self-esteem is not something that comes from the outside or that someone else can bestow upon us. The opinion of others is important in that it is another aspect of the reality we need to observe and evaluate. If we value another person for his or her taste, judgement, intelligence, etc. and that person thinks badly of us it is something to consider but if we do not value those characteristics in someone else what they think about us is irrelevant.

Sometimes a person will possess all the tools necessary for competency and personal success but repeatedly mess up their desired outcomes. When we see this enough times, we usually say that person has a 'tragic flaw.' What we mean but often don't know is that the person does not feel worthy of happiness and success. Those are the people I often saw in therapy.

Sometimes a person has a pseudo sense of entitlement and believes he or she should have whatever they want in life. However, because this is usually a sign of just a good act they are not usually successful. This type of person, and I'm sure we all know at least one in our lives, actually has extremely low self-esteem, doesn't want to face it and certainly doesn't want anyone else to know it. Their arrogance, boastfulness, self-righteousness and demanding ways (to name a few) are an attempt to overpower and overwhelm others into seeing them as powerful and sure of themselves. Sometimes it actually works when the people they are trying to impress also have low self-esteem but weaker and/or meeker personalities. These people actually do not feel 'right' as a person which basically means that they don't truly feel fit for happiness and therefore run as fast as they can (metaphorically) to avoid the threat of pain especially the pain of being found out. I can probably write a couple of hundred pages on this subject but will stop here and perhaps follow up at another time.

This will be one of the discussion topics in my Mind-Body Connection class because self-esteem plays such a large part in our physical and mental health.

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Safety Solutions

By Scotty Leamon, Public Safety Information Officer, Coconut Creek Police Department

Drug Take Back and the Importance of Attending Our Community Meetings



Drug Take Back

The next Drug Take Back is coming up on Saturday, October 28th, from 10:00 a.m. to 2:00 p.m. at the Community Center (1100 Lyons Road). The reason this event is so important is because a lot of substance use disorders (i.e. drug

habits) start in a friend or family member's medicine cabinet. I have met numerous people in this line of work who became dependent on pills after taking them out of grandma's bottle in the bathroom, or dad's prescribed medication he kept near his bed.

It's vitally important to get rid of your unwanted medications so that it does not fall into the wrong hands. This event is free. You don't even have to get out of your car. You can hand what you want destroyed to someone at your car window. The drugs will be disposed of in a safe, and environmentally friendly manner by the DEA (U.S. Drug Enforcement Administration). It's also important not to just flush any medications you no longer need down the toilet. If you do that, it can get into our drinking water.

Our friends and community partners at Coconut Creek Fire Rescue will also be there to take sharps, or needles, for destruction. They will have a needle disposal on hand. It's good to get these needles out of your home in order to prevent someone from getting hurt.

New Community Meeting Coming to the Township

We're excited to announce that we have a new community meeting coming

to the Township! Our inaugural Township Public Safety Roundtable will be on Tuesday, October 10th, at 6:30 p.m. inside the TCMA Ballroom. Similar to the roundtable community meetings we have on the fourth Thursday of every month at Wynmoor Village, this event will bring representatives from both the police department and fire rescue together to review what's been going in the neighborhood over the past 30 to 40 days.

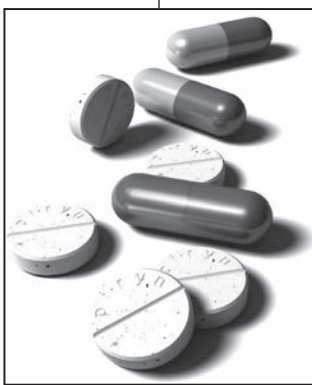
Participants will hear the police department go over each incident that created a police report. Someone from Coconut Creek Fire Rescue will be there to review each callout that their department had involving a fire or other emergency.

The reason you will want to go is because you get to hear, firsthand, why you saw those flashing lights on your street, or why that helicopter was hovering above your neighborhood.

The Wynmoor public safety roundtables are always well-attended, usually averaging around 70 residents and staff. The meetings are typically on the fourth Thursday of every month at 2:30 p.m. in Ballroom A, which is part of the main clubhouse. The Ballroom is very near the restaurant.

Our community meetings are a great place to meet the officers and firefighters who protect your neighborhood. It's also a nice way to learn crime prevention and fire prevention tips that could save your life.

As usual, if you have any questions about our next Drug Take Back, or either of the public safety roundtables at Wynmoor or the Township, don't hesitate to email me at sleamon@coconutcreek.net, or call me at (954) 480-7196.




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Articles should be typed upper and lower case, or clearly written. Articles must have an author and contact information (not published, unless noted in the article. Deadline for articles is the 10th of the month preceding an issue.)

DEADLINE: The 10th of the current month, for the following month! All articles that are not recovered by the 10th of the month will go in the following issue. Thank you for your submissions.

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- Vary your daily routine.

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- Notify neighbors when going out of town.
- Cancel deliveries and ask the post office to hold your mail.
- Don't advertise your trip on social media.
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- Activate your home security system if applicable.



Scan here for more senior safety resources.

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What should you ask a financial advisor?

Managing your finances and investing for your future are important tasks — and they can be challenging. But you don't have to go it alone. Many people benefit from working with a financial advisor, someone who knows their needs and goals and makes appropriate recommendations. If you're considering getting some help, you'll want to ensure a particular financial advisor is right for you, so it's a good idea to ask questions.

Here are some to consider:

- *Have you worked with people like me?* All of us are unique individuals. Yet, you do share certain characteristics with others — age, income, family situation and so on. And you might feel comfortable knowing that a financial advisor has worked with people like you and can readily understand and appreciate your needs and specific goals: college for your children, a certain type of retirement lifestyle, the kind of legacy you'd like to leave and others. The more information you can provide about yourself upfront, the better your chances of finding a good match.

- *Do you have a particular investment philosophy?* Some financial advisors follow a particular investment style, while others might focus on specific investments or categories. There's nothing inherently wrong with these types of approaches, but you might be better served by working with someone who takes a broader view — one that emphasizes helping clients meet their goals over any particular philosophy or strategy.

- *How will you communicate with me?* Open and frequent communication are key to a successful relationship with a financial advisor. So, you'll want to know what you can expect. Will you have annual or semi-annual reviews of your accounts? In between these reviews, can you contact your advisor at

any time with questions you may have? How will an advisor notify you to recommend investment moves? Is the financial advisor the individual you'll communicate with, or are other people involved?

- *How do you define success for your clients?* Some investors track their portfolios' performance against that of a specific market index, such as the S&P 500. But these types of benchmarks can be misleading. For one thing, investors should strive for a diversified portfolio of stocks, bonds and other investments, whereas the S&P 500 only tracks the largest U.S. stocks. So, when you talk to potential financial advisors about how they define success for their clients, you may want to look for responses that go beyond numbers and encompass statements such as these: *"I'm successful if my clients trust me to do the right things for them. And, most important, I'm successful when I know I've helped my clients reach all their goals."*

- *How are you compensated?* Financial advisors are compensated in different ways — some work on commissions, some charge fees, and some combine fees and commissions. There isn't necessarily any best method, from a client's point of view, but you should clearly understand how a potential advisor is compensated before you begin a professional relationship.

These aren't the only questions you might ask a potential financial advisor, but they should give you a good start. When you're trusting someone to help you with your important financial goals, you want to be completely comfortable with that individual — so ask whatever is on your mind.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

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The Liberal Jewish Temple of Coconut Creek

By Iris Arlan & Lee Temares

Come join us for a day of brunch and comedy on Sunday, October 8th at 11:00 a.m. with Rabbi Paul Offenkrantz who will lecture on Mel Brooks and Carl Reiner. It will be a treat to remember. Tickets are \$12 per person. Please mail to the Temple P.O. Box 934384, Margate, FL 33093. Deadline for tickets is Monday, October 2nd. Upcoming is Juke Box Bingo in November and our famous Garage Sale on Saturday, December 2nd. Come join us.

Most of Jewish communal life is centered on food. This month we are going to explore some food facts you might not know. Of course, you are familiar with a bialy. Have you ever heard of a Pletzl? It was a tasty onion topped European flat bread which has morphed into what we think of as a bialy - a fairly thin crusty roll with an indented center filled with toasted onion. Isn't it just a half bagel filled with onions? No! Bagels are boiled before baking. Bialys are only baked.

The bialy comes from Bialystok, Poland, where it was a staple in Jewish households. As Jewish immigrants came to large U.S. cities, especially New York, they started bialy bakeries. There were even bialy bakers' unions!

Today, bagels and bialys are sold in the same stores, and are often made with the same dough, though cooked differently.

Do you know what a khoresh is? If you are one of the 2% of Jews of Iranian descent, you would say that it is a vegetable and fruit stew served over rice. Ghormeh sabzi is a khoresh with fried herbs cooked with lamb or beef, kidney

beans and dried limes. Sabzi is the Farsi word for greens or herbs.

Have you ever eaten gondi? Gondi are wonderful dumplings made from ground chicken or turkey, chickpea flower, chopped onions, cardamon and turmeric. They are often added to chicken soup for Shabbat dinner by Iranian Jews.

Fesenjan is another khoresh. Naturally there is a base of fruit, to which is added ground walnuts, pomegranate molasses, and chicken or duck. And, naturally, it is served over basmati rice.

If you come from a Sephardic Jewish family, pumpkin would be part of your Rosh Hashanah meal. Why pumpkin? Pumpkin was one of the first crops from the Americas to be taken to Europe, particularly Spain. Pumpkin was hardy, easy to grow, and kept well in storage.

Pumpkin's color signifies happiness. As one prayed for a good New Year, they had eaten a happy color. The thick outer rind of the pumpkin invoked protection from God at the New Year.

Italian Jews ate Pumpkin ravioli. Turkish and Greek Jews eat sweet pumpkin pancakes. Syrian Jews eat spicy pumpkin pancakes. Tunisian and Moroccan Jews eat pumpkin and couscous. Lebanese Jews eat pumpkin instead of meat. Bukharian Jews eat pumpkin pastries. Indian Jews eat pumpkin curry.

Are you feeling hungry? Now is the time to get yourself some pumpkin and try a new dish.

Calling All Seniors in Broward County

By Linda Storfer

There is a buzz of excitement in the air about a new JEWISH LEARNING program for individuals who are 55+ that will expand your educational horizons and knowledge. This unique program offers seniors the opportunity to trace and connect to their Jewish roots and delve into their heritage and history online through our dynamic classes. We offer classes for men Sunday through Friday mornings, women on Wednesday in the early afternoon and men and women Sunday through Friday in mid-afternoons. There is no charge for these classes, and you can participate from the comfort of your own home. For further details and registration please check our website at www.JewishSeniorAcademy.com or call our office at 954-458-6000. If no one is in the office, please leave your name and phone number and someone will return your call the same day or within 24 hours except on Saturday when we are closed.

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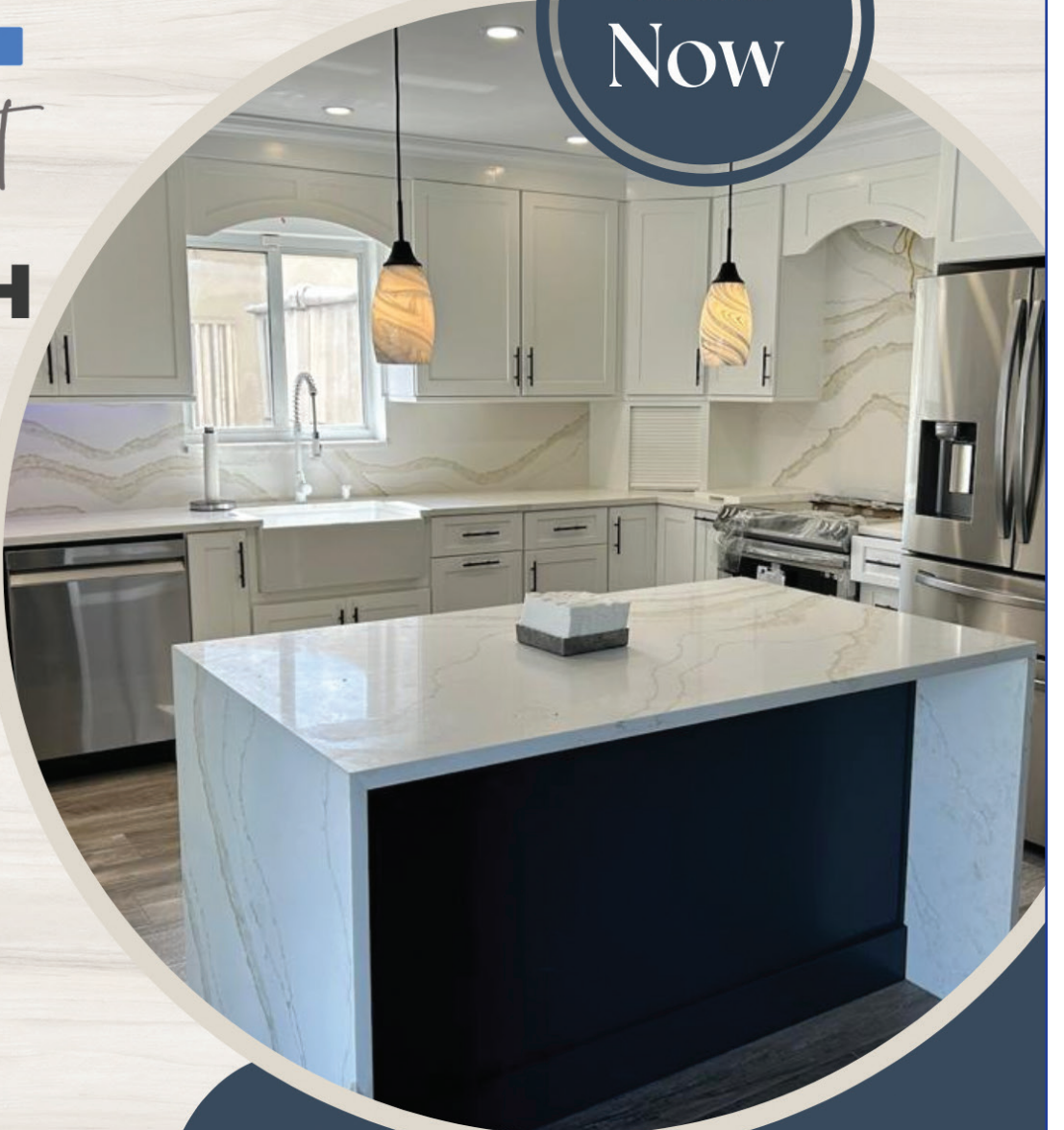
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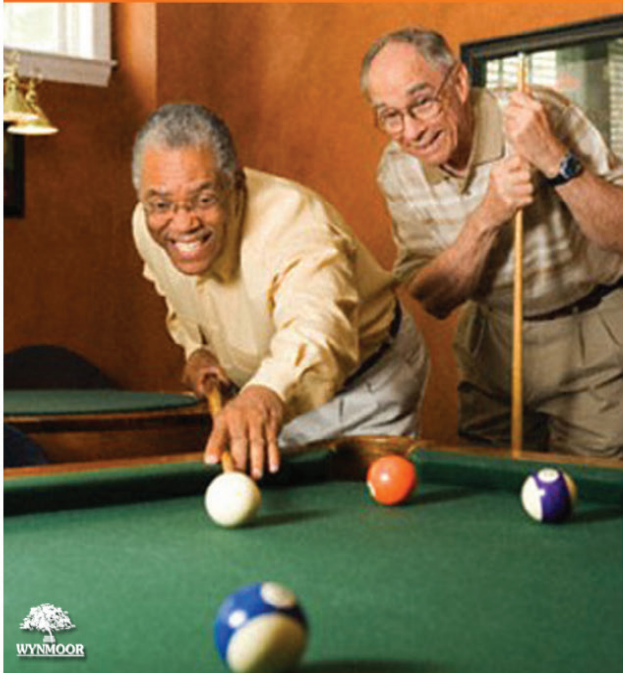
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Wednesday Night 9-Ball Winners

Photos by George Soussou

By Bob Horowitz

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For more information about the Pool and Billiard Club, to join our e-mail list or to sign up for an event or meeting, Email WynmoorPoolClub@gmail.com

FREE POOL LESSONS: Pool Lessons are free for Wynmoor Pool Club Members. They are \$5.00 each for non-members.



Dave tied 2nd Place, Franco 1st Place, Bill tied 2nd Place



Franco 2nd Place, Andre & Julio tied 1st Place



Franco, Rich R, Jon, & Bob H tied for 1st Place, Dave 2nd Place



Tom P 1st Place, Don 2nd Place, Franco 3rd Place

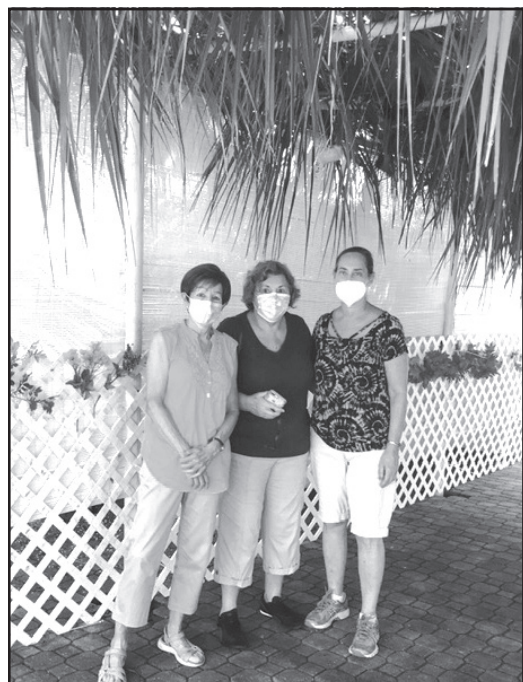
You've Tried The Rest, Now Try The Best. Temple Beth Am, Margate

By Linda Storfer

Autumn is officially here.

With Autumn comes the celebration of many Jewish and secular holidays that we cherish and have great memories of years past including Sukkot, Simchat Torah, Halloween and Thanksgiving. There are all happy and fun festivals which call for celebrations.

Last month we commemorated the beginning of the Jewish New Year by observing the holidays of Rosh Hashanah and Yom Kippur, the holiest day of the Jewish year with both being very somber holidays. This month we celebrate Sukkot and Simchat Torah, two very joyous holidays. Our holidays observed last month focused on sitting in the synagogue praying almost all day while this month there is a great emphasis on home observances with building a Sukkah and eating festive meals with family and friends in the Sukkah. The holiday of Sukkot which literally means huts or shelters begins at sundown on Friday, September 29th and is celebrated for seven days. It is one of the three major Jewish holidays where in ancient times the Israelites brought their sacrifices and other offerings to G-d in the Holy Temple. Since we no longer have a Holy Temple today and do not perform animal sacrifices many people celebrate this holiday by going to their synagogues and dancing in the synagogue and in the streets. Many people eat all or most of their meals in the Sukkah, temporary shelters that they built in their backyards or on their front lawns. Some people even sleep in these huts. I can still remember our younger son David and his friends sleeping in our Sukkah up north which is a lot of fun unless it rains. Eating and sleeping in these



temporary dwellings is meant to remind of when G-d took the Israelites out of Egypt and they wandered in the desert. There are many beautiful laws and customs associated with Sukkot including holding a palm frond (lulav), 3 myrtles and willows and a citron (etrog) together which we wave in six directions and say special blessings while we are standing in a Sukkah. For seven days we circle the Bima (platform in the synagogue) while we march and dance around as we are singing joyful blessings and songs. The holiday of Simchat Torah immediately follows Sukkot which begins on Saturday,

October 7th immediately after the conclusion of the Sabbath. Joyful and lively services led by our senior Rabbi, Rabbi Michelle Goldsmith will be held at Temple Beth Am and we invite you to join and partake in a kiddush luncheon afterwards on October 7th. For a listing of dates and exact times please call the synagogue office at 954-968-4545.

After the conclusion of a monthlong observance and celebration of the holidays Temple Beth Am will unfold its exciting yearlong programs for the 2023-24 season. Our very active Sisterhood invites everyone to its next Book Club meeting and discussion this month for a lively discussion of the book NIGHT TRAVELERS by Armondo Correa led by one of our very own members. If you enjoy Trivia, our Men's Club is hosting a fun evening of Trivia on Saturday, October 14th and its Annual Fishing Trip leaving a pier in Pompano Beach will be held on Sunday, October 22nd at 8:30 a.m. **BREAKING NEWS!!!! SAVE THE DATE AND JOIN US FOR A LECTURE WITH THE RENOWNED DR. ROBERT WATSON** who will be speaking in person on America's first plague Sunday, October 29th at 1:00 p.m. Dr. Watson is an author, historian, professor, news analyst and community leader. He is the recipient of many awards, for his contributions to the study of the presidency, election commentary, community service, civics programs, and efforts to combat Anti-Semitism and incivility. He has published over 45 books and 200 scholarly articles on topics on political, social and military history. His books have won numerous awards and have been featured on C-SPAN, Book TV and at prominent literary festivals around the country. Do not be left out -order your tickets today as this event promises to be a sold-out event. All our events are open to the general public and everyone in the community is welcome to attend. For this event and all other upcoming events check out our website at www.beth-am.org or call our office at 954-968-4545 x1 and reserve your spot. On behalf of Rabbi Goldsmith, the members of our Board of Directors and our very friendly and active congregants we wish everyone a joyous Sukkot and Simchat Torah.



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Acupuncture Versus Anti-inflammatory Drugs for Pain Relief

By Marcus Smith, Licensed Acupuncture Physician

Chronic pain caused by inflammation is a common and distressing complaint that affects millions of Americans. According to the National Center of Health Statistics, 20.4% (50 million) of US adults suffer from chronic pain. The most common types of

pain are back pain, neck pain and tension-type headaches.

Chronic pain also reduces quality of life, often rendering some patients incapacitated or with reduced mobility. Pain can dramatically affect wellbeing, causing mental health issues, lowered mood, fatigue, sleep disturbances, the ability to exercise and socially interact with others.

Many pain sufferers turn to nonsteroidal anti-inflammatory drugs (NSAIDs) like Ibuprofen, Naproxen and Tylenol to treat pain as they are readily available and don't require a prescription. But recent studies suggest that when taken regularly, these medicines can have serious side effects. NSAIDs have been linked with an increased risk for heart attack, stroke, heart failure, and kidney issues. Other common side effects include stomach pain, gas, bloating, and nausea.

In response to the growing concerns about NSAID side effects, many are turning to Acupuncture for relief. According to current research, this ancient therapy helps reduce inflammation and pain associated with back pain, neck pain, arthritis, headaches, fibromyalgia, and pain after surgery. These are among the top reasons pain sufferers turn to NSAIDs.

What causes pain? The body's pain system is highly complex, and pain often has multiple causes. Pain is an unpleasant sensation initiated by the nervous system in response to tissue damage, illness, nerve damage or non-tissue factors such as psychological and emotional factors. Common causes of pain include:

- Injuries such as strains, sprains, fractures, burns, falls and other trauma
- Conditions such as osteoarthritis, rheumatoid arthritis, endometriosis,

fibromyalgia, and neuropathy.

Acupuncture for Inflammatory Relief

Acupuncture involves stimulating acupuncture points on the surface of the body to engage and maximize our body's innate self-healing ability through these mechanisms:

- Relieves pain and alleviates discomfort by relaxing muscles and stimulating the release of endorphins, natural pain-relieving chemicals, and serotonin to promote feelings of wellbeing.
- Decreases inflammation by increasing the production of hormones that help control inflammation. By reducing inflammation, Acupuncture helps tissues repair more quickly for long-term relief.
- Promotes healthy blood circulation by modulating certain brain chemicals that constrict and dilate blood vessels. This is helpful for alleviating pain associated with migraines and headaches where vessel constriction and reduced blood flow is an issue.
- Reduces stress and anxiety by regulating the hormones involved in the stress response (cortisol, serotonin, noradrenaline, dopamine). Acupuncture can help the body adapt to stress and initiate the relaxation response.

By contrast, NSAIDs don't address the underlying causes of pain; they work as a band-aid, quietening the body's pain signaling mechanism to reduce the perception of pain instead of getting to the root cause and resolving the issues causing the pain.

Acupuncture takes a natural and holistic approach to treating the root causes of inflammation and pain and has been proven a safe and effective modality for pain management that works by reducing inflammation, aiding tissue repair, and alleviating muscle spasms.

(For more information about acupuncture and how it may benefit you, your family, and friends, please visit our website at www.MarcusSmithAcupuncture.com or call us directly at 954-907-1036.)



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They strongly recommend that all Wynmoor residents do the following:

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2. Make a copy of your medical insurance card
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4. Make a list of all current medical conditions
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Put all of this information in an envelope that is clearly marked "IN CASE OF EMERGENCY" and have that envelope either posted conspicuously on the refrigerator or on a kitchen cabinet near the front door.

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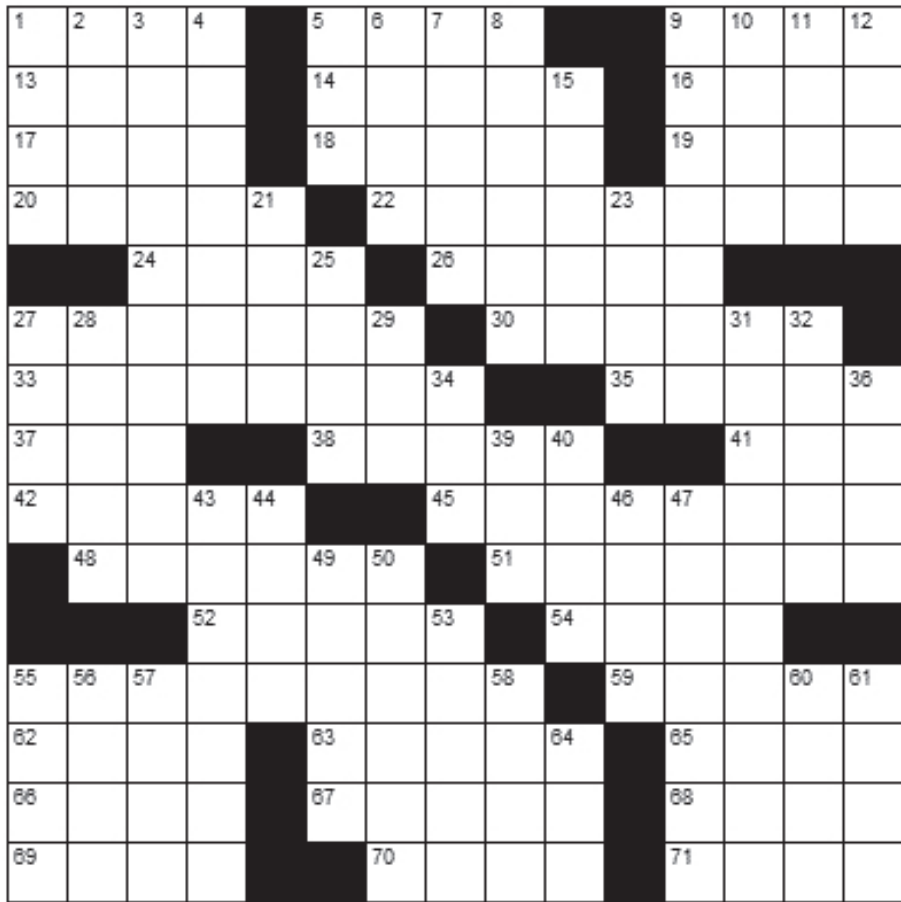
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Puzzles and Games

Solutions on page 54

Crossword Puzzle



ACROSS

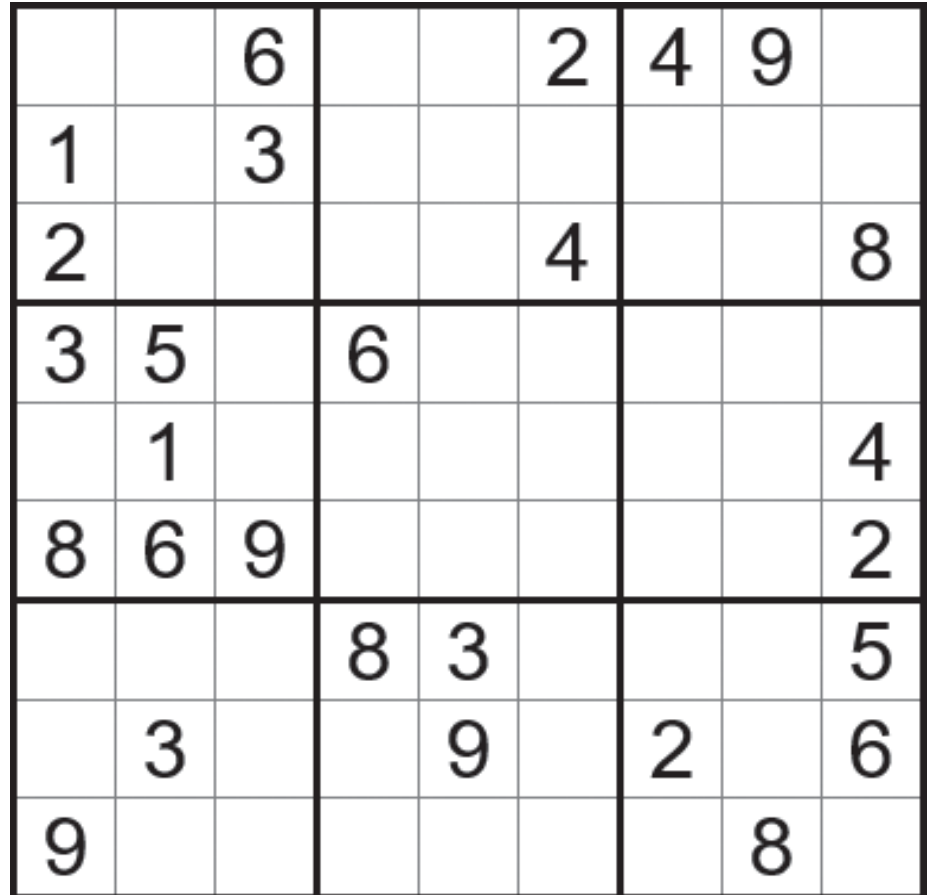
- 1. Cut back
- 5. Cain's brother
- 9. Complain
- 13. Module
- 14. Greens with dressing
- 16. Food thickener
- 17. Roman robe
- 18. Put to the test
- 19. Bull
- 20. Hitches
- 22. Mistakes with drinks
- 24. Docile
- 26. Aromatic compound
- 27. Red
- 30. Coiffure
- 33. Bliethe
- 35. English county
- 37. Big fuss
- 38. Untrue
- 41. US spy agency
- 42. Salami shops
- 45. Themes of a speech
- 48. Type of bowling
- 51. Tiredly
- 52. Not animal
- 54. Lover of Aeneas

DOWN

- 55. United
- 59. Palisade
- 62. Jewish month
- 63. Sentry
- 65. Beams
- 66. Tubular pasta
- 67. Mistake
- 68. Ages
- 69. French for "State"
- 70. Glimpse
- 71. Physics unit

- 21. Ego
- 23. Luau souvenirs
- 25. Notch made by a saw
- 27. Cigarfish
- 28. Trainee
- 29. Sri Lanka export
- 31. Book of words
- 32. Bay window
- 34. Antlered animal
- 36. Not difficult
- 39. Stitch
- 40. Got a good look at
- 43. Get by a will
- 44. Urge (on)
- 46. Credulous
- 47. Commanded
- 49. Picture
- 50. Natural physical world
- 53. Approaches
- 55. Perturb
- 56. Rewrite
- 57. Information
- 58. Plummet
- 60. Greenish blue
- 61. Being
- 64. Arid

Sudoku



Use your logic to find the correct number for each square. When finished, all nine rows across, all nine columns down and all nine 8-by-8 boxes must contain all nine numbers, 1 through 9 with no repeats.

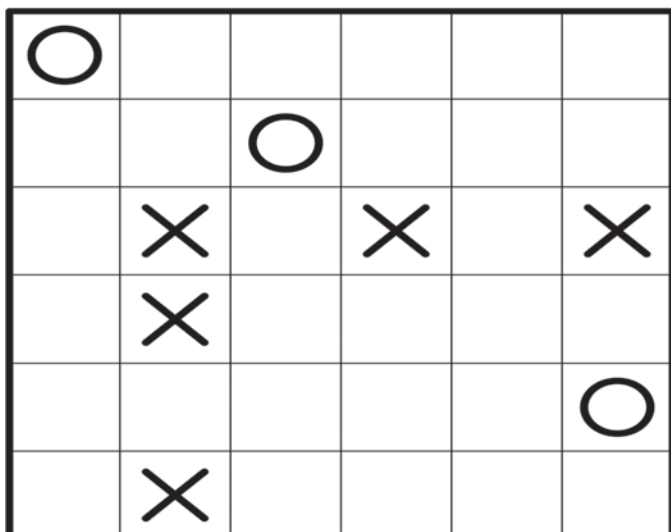
Famous Artists

Find and circle all of the summer words that are hidden in the grid. The remaining letters spell an additional summer item.



- BASQUIAT
- BOTTICELLI
- CARAVAGGIO
- CASSATT
- CEZANNE
- CHAGALL
- DALI
- DA VINCI
- DEGAS
- DELACROIX
- GAUGUIN
- GOYA
- HOPPER
- KAHLO
- KANDINSKY
- KLEE
- KLIMT
- MANET
- MATISSE
- MICHELANGELO
- MONET
- MUNCH
- O'KEEFE
- PICASSO
- PISSARRO
- POLLOCK
- RAPHAEL
- REMBRANDT
- RENOIR
- RIVERA
- RUBENS
- SEURAT
- TOULOUSE LAUTREC
- TURNER
- VAN GOGH
- VERMEER
- WARHOL

Binox



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The finished puzzle should be filled with Xs and Os. Horizontally and vertically, there should never be a continuous run of the same symbol longer than 2. There are an equal number of Xs and Os in each row and column. All rows are unique. All columns are unique, too.

Service Equals Reward

By Sheriff Gregory Tony

Placing Emphasis on Mental Health

An innovative BSO crisis response pilot program has been changing lives, ensuring the safety and well-being of our community, and setting a new standard for effective mental health support.

Launched last year in Deerfield Beach, the BSO Co-responder Program pairs a licensed mental health clinician with a Crisis Intervention Team (CIT) trained deputy. When a call for service involving a mental health crisis comes in, the team promptly responds to the scene together. The team further conducts follow-up wellness checks with individuals and their families who have recently experienced a mental health crisis, providing guidance, support, and assistance with referrals for behavioral health services.

This combination of proficiencies enables us to provide enhanced de-escalation assistance and connect individuals with community-based social services and mental health treatment. When appropriate, we can divert individuals from the criminal justice system, ensuring they receive the care they need. We further provide deputies on patrol with timely and easily accessible clinical expertise as they encounter individuals with varied symptoms of behavioral health deterioration. This approach is built on the belief that helping individuals experiencing mental health crises benefits them and our entire community.

The results we have achieved over the past year have been remarkable. The positive outcomes include:

- **Reduced arrests:** By addressing the root causes of mental health crises, we have seen fewer arrests related to these situations.
- **Diversion from the criminal justice system:** Our efforts are diverting individuals from unnecessary involvement in the criminal justice system, allowing them to receive the help they need.
- **Significant increase in mental health referrals:** We have substantially increased referrals to mental health services, ensuring individuals receive



ongoing support.

- **Reduced repeat encounters:** By providing comprehensive support, we reduce the likelihood of repeat crises.

- **Putting de-escalation into practice:** In 100% of the co-responder's direct contacts with individuals in crisis, de-escalation techniques have been utilized to facilitate cooperation and preserve the dignity of all involved.

- **Zero use of force:** We are proud to report that this approach has resulted in zero instances requiring the use of force.

Daniel Gelpi is a licensed therapist assigned to the Co-responder Program. When he joined the Sheriff's office in August 2022, he brought 25 years of mental health care experience. Working alongside Deputy Marcus Hall, a deputy in our Homeless Outreach Team, he immediately saw the benefits of this unique pairing. This method allows Daniel to provide quicker response and intervention for calls in progress compared to previous positions. Furthermore, he can engage in constructive discussions, allowing him to better connect with individuals who may otherwise be hesitant to seek behavioral health support.

"The value of this program is immeasurable," says Daniel. "Using the Co-Responder Model, law enforcement and mental health professionals are better serving the community."

Since its launch in Deerfield Beach, the program moved to Dania Beach for several months and is now being utilized in Cooper City. The idea is to move it around the county to gather data and information from a cross-section of the community to streamline and improve operations. As we continue to witness the positive impact of this program, we are eager to expand its reach and extend its benefits to even more members of our community.

Together, we are establishing a standard for empathetic crisis response that places the needs of our community members at the forefront.



Mailbag

SHE Resident,
By Susan Wanderman

She asked me to send her a letter but she left before I could get her name or address. Hopefully she reads the Insider news. Let me explain who I am writing about.

She was walking her dogs. Yes, dogs on the circle (Not sure what the breed was but to me they looked like large rats). They were not on the proper leash, and they were all over the walk, which made it hard for those people who were walking. I do feel sorry for those who need a dog for emotional support. That is singular dog not dogs. I tried nicely to explain dogs are not supposed to be walked on the circle but she did not want to hear that. Just sorry that security was not around.

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Raffle Prize Givaway



GIVEAWAY



What's Better: Life Estate Deed or Revocable Trust

By Martin Zevin, Attorney

There are several ways to avoid probate on your home when you die. If you are single, there will be probate when you die unless you choose one of the following options. If you are married and own your home together, your surviving spouse will not have probate; however, there will be probate when the second of you passes away, unless one of these options is done.

Let us assume that you own your home jointly with your spouse and that you have one child. Both of you desire to have your child inherit your home when you both pass away.

The first option would be to add the name of your child to the Deed as a joint tenant with right of survivorship. This is not a good idea. It would affect your ability to claim your full homestead exemption. In addition, you lose control of your property and can only sell it if your child agrees and signs all closing documents. If you wanted to take the child off the Deed, you would be unable to do so. If your child files for bankruptcy, has an adverse judgment or files for divorce, your property could be subject to liens or other legal action. Therefore, I recommend against a Deed with your child as a joint tenant with right of survivorship.

The second option is a Life Estate Deed. There are two types of Life Estate Deed: regular and Enhanced (also referred to as Lady Bird). The regular Life Estate Deed requires that your child join in any sale or other changes on the Deed; therefore, you have lost control and cannot take your child's name off the Deed if you choose to do so. The Enhanced Life Estate Deed gives you the sole right to sell the property during your lifetime or make any other changes to the Deed without the permission of your child. The Enhanced Life Estate Deed has very specific legal language in order to be effective; therefore, do not attempt to do this on your own.

Even with the Enhanced Life Estate Deed, there are risks, particularly if your child has a bankruptcy, outstanding judgment or undergoes divorce.



The worst risk, however, is if, God forbid, your child dies before you or with you in a common accident. Your child's estate would then become the owner of the property once you died, which would result in probate being required. Thus, the main purpose of the Life Estate Deed is not accomplished.

The best way to avoid probate on your home is to do a Revocable Living Trust. When you sign the Revocable Living Trust Agreement, you also sign a Deed transferring the property to you as Trustees of your Trust. You are able to keep your homestead exemption, maintain complete

control of the property during your lifetime and make amendments to your Trust without changing the Deed. There are no risks involved, since your child's name does not appear on the Deed. The only disadvantage of the Revocable Living Trust is that it will cost more in attorney's fees. When you discuss the options with your attorney, you should discuss the difference in fees between the Revocable Living Trust and the Enhanced Life Estate Deed. You can then determine whether it is worth saving the money and taking the risks involved in the Enhanced Life Estate Deed.

During this current time of "social distancing," I have been consulting with clients via phone, e-mail and regular mail. In the past my free initial consultation would normally be a personal meeting.

I do plan to offer this option once new vaccines come out.

Please feel free to call me for a free phone consultation regarding any issues pertaining to Wills, Trusts, Deeds, Probate, Power of Attorney or Health Care Surrogate. I am also available for a free consultation regarding personal injury claims or to explain car insurance coverage. Call me at 954-569-4878. My address is 3275 W. Hillsboro Blvd., Suite 204, Deerfield Beach, Florida 33442 My web site is www.martinzevinpa.com and my e-mail address is martinzevin@netzero.com.

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During this current time of social distancing, I have been consulting with clients via phone, e-mail and regular mail. In the past, my free initial consultation would normally be a personal meeting.

We offer free consultations for all personal injury cases, including car accidents, slip and fall, pedestrians, bicyclists, etc.

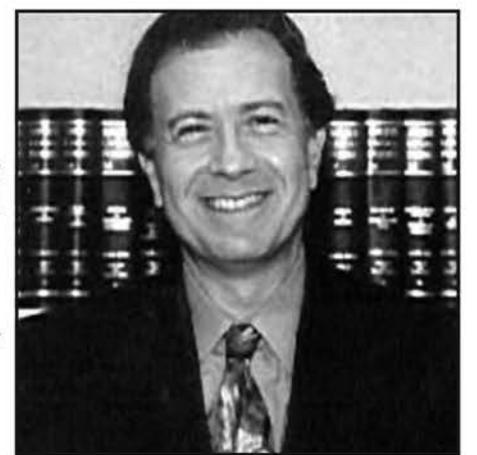
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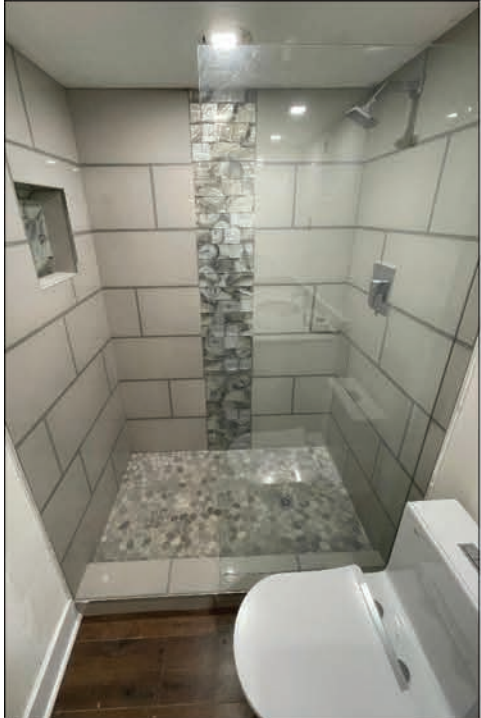
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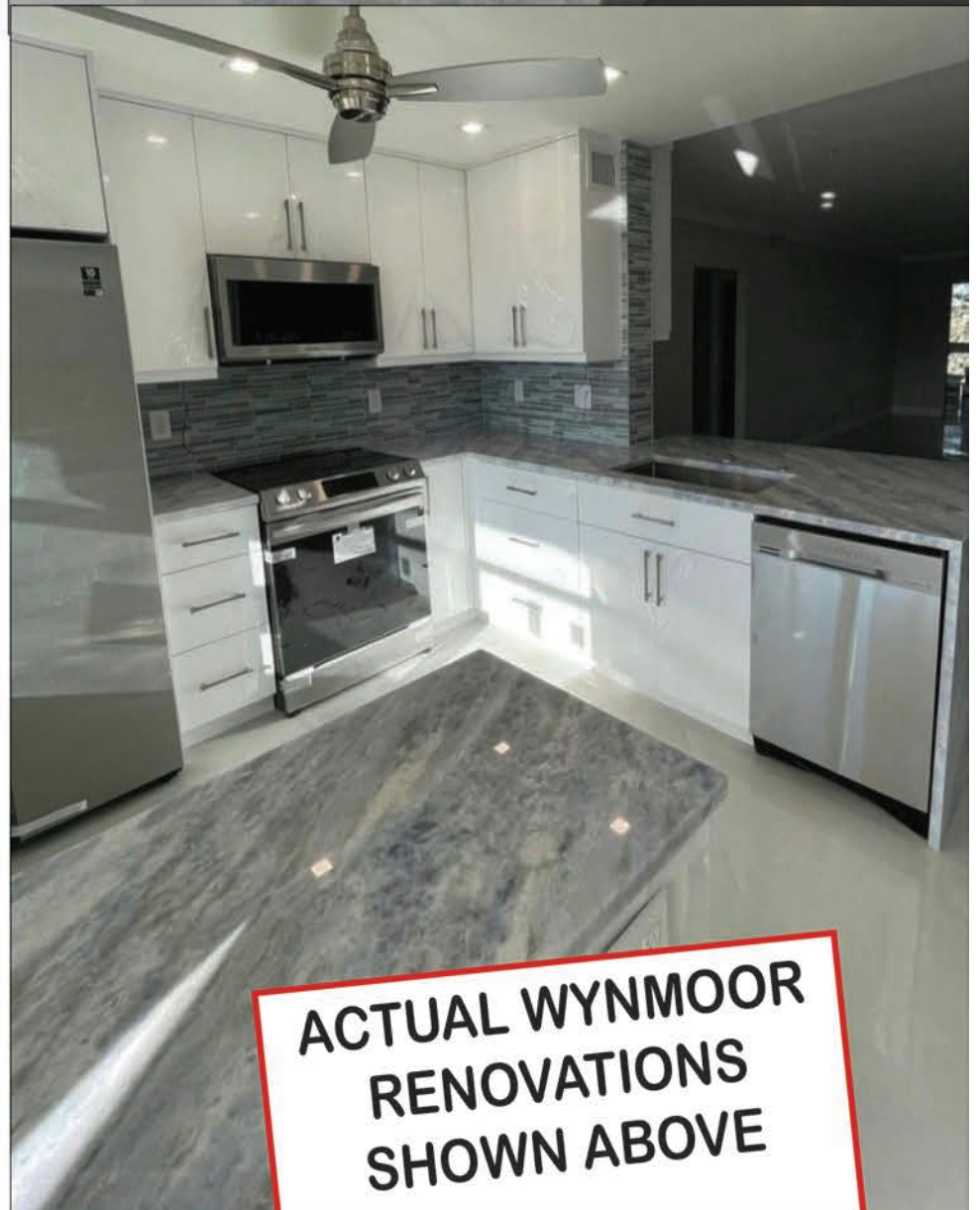
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OCTOBER 15TH: ELI ARROYO
OCTOBER 22ND: LEIZA MICHAELS
OCTOBER 29TH: CHARLIE D.

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POETRY

Faith
By Andrea Joy Frankel-Bellitto

*Faith is believing
without having to see
Faith is believing
without having to touch
Faith is believing
when just believing is enough!
I believe the Alps are in Switzerland
Although I've never seen them
The Pyramids in Egypt
Antony and Cleo, what a pair!
The Eifel Tower I believe is very tall
if I ever get to Paris, I know I'll have a ball!
I believe God is in
His heaven
But I've seen none of this at all!
Faith is just believing
in your heart what you know is true.
Having that Faith in your heart
with ALWAYS get you through.*

DINKIN' DINERS Pickleball Luncheon With Joe Kupferberg

By Michael Rosen

This past week, a number of Pickleball players who are members of our weekly Luncheon Group, Dinkin' Diners, had a special Luncheon with a former Wynmoor Pickleball Player, Joe Kupferberg.

Joe, who is 95, recently relocated to an Independent Living Facility in Wellington, FL, near West Palm Beach. Joe has been an active player at Wynmoor, playing every day until he relocated about 18 months ago.

Even now, at Wellington Bay, he gets to play a few times a week!

The Dinkin' Diners decided to have a road trip to Wellington on August 30, 2023 and met Joe at Wellington Bay. He gave us a tour of his new upscale home and showed us the facilities.

We then went to a local restaurant and had a very enjoyable lunch. Joe invited us all back for his 96th birthday in February!

The attached photo shows the Dinkin' Diners and Joe is the 5th from the right.



Israel Network

By Linda Storfer

If you have family members living in Israel, we would like to invite you to join our new monthly group. Please join us for a lively discussion at our new group on Tuesday, October 31st at 11:30 a.m. at the far end of the Cove in Wynmoor. Come meet old and new friends. Our special guest speaker will be Miriam Lax who will share her personal and moving story and discuss her recent trip to Israel. Refreshments will be served. There is no charge but reservations are requested. Please call 412-816-6883 to RSVP.



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WOODSHOP

By Ernest Fleury

Although September is considered off season, Woodshop members were busy preparing holiday gifts, repairing items for residents and stocking up for the winter season. Members can choose from an inventory of more than 50 species of both soft and hard woods. We recently have added exotic species like olive wood, rosewood, shedua rainbow padauk, tigerwood and Spanish cedar to our inventory. This month the Shop has repaired a cane and added a new handle and rubber tip, repaired 4 chair legs and arms, fixed broken chair struts, made 6 picture frames and 6 pool cue sticks.

The photos members have selected for this month reflect the utilization of wood species available in inventory and also woods that are acquired for repurposing, not from vendors, but from members who stretch their imagination and horizons.

Yankee made this serving tray as a gift for Bob Zannini in Stained Glass. The crates used were imported from Italy and fashioned with handles and Wenge splines were added for accent. The one-of-a-kind wine Vino Express boasts 9 wine barrels, wood chasse and trailer made from a wine crate. The trailer floor displays the name of the vineyard and the wine's origin. The clear glass top supports two wine glasses, two handmade bottle stoppers

with a cork screw behind the wine barrels. Last item in this category is a gallon wood spirit barrel with spigot on a wood stand.

The assortment of wooden plant stands is crafted from repurposed hard woods for a Wynmoor resident. The addition of caster wheels makes moving large plants around her patio with ease. Dave Norcross has two entries, the first is an unfinished bowl carved from a Cataphylln tree trunk salvaged on Wynmoor property. Daves second entry is a canary, purple heart and maple wood round box.

Yank carved dogwood flowers around this black cherry, walnut fruit bowl. He also repurposed 5/8" Baltic Burch plywood and black walnut to produce this one of a kind serving bowl. Patrick Lewis Moors is quite a character. This strange creation he calls his "Dybbuk Box." Patie claims that it is haunted. The items in this box contain nothing positive and it is inhabited by an evil spirit and should not be opened!

Steve Gleimer submits his Li'll Abner boot outfitted with real rawhide laces. Abner knew his boots would be fashionable one day, so Steve is now introducing them to start the trend. If the boots don't catch on, they can be used as a jewelry box.



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How do I send my article?

The easiest and best way to submit your article/s of interest is by email to Wynmoorads@aol.com in a word document, or mail it/them to **FLORIDA NEWS BUREAU, P.O. Box 670876, Coral Springs, FL 33067.**

Articles should be typed, upper and lower case, or clearly written. Articles must have an author and contact information (not published, unless noted in the article). Deadline for articles is the 10th of the month.

Please keep articles to 300 words or less. Please make sure that they are timely and most importantly that they arrive by our **DEADLINE:** The 10th of the current month! All articles that are not received by the 10th of the month may appear in the following issue.

Thank you for your submissions. We look forward to hearing from you.

Insider Staff



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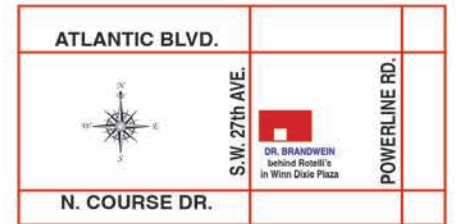
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1603 Abaco B3	2bed 2bath Juniper Renovated W&D	\$265,000
3403 Bimini H1	2bed 2bath Great Village Lake Views W&D	\$229,000
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1503 Cayman	2/2 Juniper, Great Location, Washer & Dryer	\$189,000
2904 Victoria L4	2bed 2bath, Lovely View, Partially Renovated	\$169,000
3305 Aruba N4	2/2 Huge Luxurious Interior, Washer & Dryer	\$164,000
3203 Portofino L2	2/2 Move-In Condition, Great View	\$159,000
4702 Martinique A2	2bed 2bath Corner, Motivated Seller	\$150,000
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Are You Living With, Or Worried About Someone Suffering With Chronic Back Pain?

By Leading Back Pain Expert, Todd James

Do you, or someone you love, suffer with back pain? Does the pain get worse when you stand or walk? Do you experience pain, numbness or tingling into your butt or down your leg? Do you have pain when you sit for long periods or drive? Are you afraid your pain will get worse if you don't do anything about it? Has the pain gotten so bad, that you avoid many activities that you used to enjoy?

If you are 55+ and answered **YES** to any of these questions, then please read on because I have some special information about relief of your back pain.

It's a shame so many people think their options for dealing with back pain are rest, pain killers, or maybe worse, injections or even surgery. Often these solutions are only

temporary, because they don't address the true cause of your back pain, but just mask the symptoms. Others believe there is nothing that can be done, and they will just have to suffer through the pain.

If you or someone you love is experiencing back pain and are wondering if you are doing the right things for your back, I would like to offer a free guide I have created to answer those questions. In this guide, **Erasing Back Pain: How to Avoid the 9 Most Painful Mistakes and What You Should Be Doing Instead**, you will find information about what will not help ease your back pain and how to make the right choices to get you out of back pain and on the road to enjoying an active, healthy lifestyle again.

I'm Todd James, Physical Therapist and I have been helping 1000s of people 55+ over the last 2

decades find quick, natural, long lasting relief from back pain. I've put together this guide because in easing your back pain it's not just about doing the right things, but also about avoiding the wrong things. When you choose the right path, your recovery from back pain will be much more effective.

If you are currently held back from getting a good night's sleep, being able to walk with friends, getting out on the golf course, or playing with the grand-kids, I invite you to visit www.coconutcreektherapy.com/backpain to claim your free guide. If you prefer, give us a call at **954-972-1200** and we'll be happy to assist you.

Don't let back pain take the joy out of your life. Get started on your path to a pain free active life!



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Clubs and Activities

All Wynmoor Clubs (regardless of name) are open to Wynmoor residents. Dues may be applicable. To publish your club info here, please email your submission to: wynmoorads@aol.com. The deadline is the 10th of the month, for the next month's issue. Thank you in advance! Please contact the Club President for more information.

Belly Dance Club

By Marcia Maron

Belly dance improves your balance, stamina, and energy level. The class is complementary to Wynmoor residents. The location and time will be published at a later date. Marcia 516-659-3367.

.....

Ben's Friends Art Club

By Rene Monblatt

New members are always welcome. We meet 9:00 a.m. every Saturday morning in the Art Studio. This gives you a year-round opportunity to meet new friends and get inspiration from like-minded creative colleagues. Hope to see you Saturday mornings.

.....

Billiard & Pool Club

By Bob Horowitz

All residents and their guests are welcome to play at the Wynmoor Billiards and Pool Room located in the Wynmoor Country Club building, next to the Library. Boasting 14 tournament grade regulation size pool tables, 4 heated billiard tables, and one regulation snooker table.

This club has been called the best Pool, Billiard, and Snooker venue, public or private, in all of South Florida.

Players of all skill levels are welcome. The Room is open 7 days a week from 8:00 a.m. to 11:00 p.m. Use of the room and tables is free to all residents. Please have your Wynmoor ID with you.

Wynmoor residents can join the Wynmoor Billiards and Pool Club to participate in additional fun events. Past events included Karaoke night, comedy club night, group BBQ, Club Pool & Billiard tournaments, Couples' Round Robin tournament, and other social events.

FREE POOL LESSONS: Put your name on the pool lesson sign-up sheet in Pool Room or email us to schedule free Pool Lessons. Email Wynmoor-PoolClub@gmail.com

.....

Bocce Ball Club

By Jim Erickson

New members, both men and women are always welcome. We meet at 8:00 a.m. on Mondays, Thursdays & Sundays, and Mondays, Wednesdays, and Saturdays at 10:00 a.m. Dues are only \$10 per year. Come join the fun. Any questions, contact Jim at 954-400-9302. We send a special *Thank You* to our Wynmoor Facilities team for a job well done.

.....

Bookies

By Myrna Greenberg

Hope you all had a great summer and are looking forward to some great reads! The following are the books we will discuss. Nothing is in stone due to availability of books. Reserve if you can!

October 3rd - *The Night Travelers* by Armondo Lucas Correa. The night Lilith was born, winter storms raged in the midst of spring.

November 7th - *Lessons in Chemistry* by Bonnie Garmus. Many aspects of love, grief and relationships are discussed. Strap on your seat belts you are in for a bumpy ride!

December 5th - *The Measure* by Nikki Erlick. An ordinary day off to work, do errands get to school. When you open the door a small wooden sits awaiting you inside a string! The phone is chirping, the bells are sounding. All over the world what is going on? How long do you have?

As a reminder, Bookies meets the 1st Tuesday of each month in the Sunrise room in the left wing of the Theatre from 3:00 - 5:00 p.m. Come join for discussion with a ream of fun and laughter additional information contact Myrna Greenberg at 754-231-6368 or Elaine Kerzner at 954-973-4545.

.....

Bridge Club

By Bram Hamovitch

Bridge players of all levels are welcome to join us in the East Wing of the Theater Building for our ACBL-sponsored duplicate games. We play on Tuesdays and Fridays at 12:30 p.m. (arrive 12:15 p.m.).

Commencing Tuesday, November 7th, Lenny Fagen will be offering free lessons that are open to anybody, prior to our Tuesday games. The lessons will start at 11:45 a.m. The theme of the lessons is "The Language of Bridge,

Informal Lessons on How to Communicate With Your Partner."

"Limiting Your Hand" and "Bidding the Values of Your Hand" will be a central theme of Lenny's lessons. He will be teaching us to think about what you know about your partner's hand after every bid. The "Law of Total Tricks," "Losing Trick Count," "Using Favorable Vulnerability" to your advantage and "Avoiding Vulnerable Disasters" will all be discussed.

More information about these lessons and our bridge club can be obtained at <https://www.wynmoor.com/recreation/clubs/2245-2/>

Questions? Please contact David at 917-940-1552 or dmrice@mindspring.com. You can also email us at wynmoorbridge@yahoo.com.

If you need assistance in finding a partner, you can reach Terry at 216-401-5739 (voice or text) or thamovit@yahoo.com.

.....

Camera Club

By Nancy Landman

We are looking forward to our upcoming 2023-2024 season full of interesting presentations and creative photographs to view and review. Our meetings will start on Tuesday, November 21st from 3:00 - 5:00 p.m. and continue on the first and third Tuesday of every month through the beginning of April.

The Mission of the Camera Club of Wynmoor is to provide a welcoming environment to Wynmoor residents with all levels of experience, who want to learn photography and grow in their ability to make photographs. If you'd like to see some samples of our recent photos, check out the showcase at the Clubhouse or the Photography Sections of "The Insider."

Yearly Membership • Individual \$10 • Couple \$15

If you'd like to register as a member and receive info and updates, send an email to CCWynmoor@gmail.com. For more information, call or text Nancy Landman at 954-496-1965 or Helen Storm at 416-452-1313 (Canada).

.....

Ceramics Club

By Tamara Tresniowski

BOO! Can you believe it is October already? Come in today and make all your holiday items. We have witches, pumpkins, ghosts and more for Halloween. We also have turkeys and fall dishes and bowls for Thanksgiving. Finally, we have Santas and Menorahs plus hundreds of other Hanukkah and Christmas molds. Our studio is a fun and friendly place to discover your creativity. Come check us out and sign up for lessons. Our new member class is \$40 and you get lessons and a set of paints and tools to get your journey started. Dues are \$15. Our club is located at the clubhouse. We are open 9:00 a.m. - 12:00 p.m. Monday - Thursday and 9:00 - 10:30 a.m. on Friday.

.....

Chess Club

By Hillel Cohen

The Wynmoor Chess Club will continue meeting during the summer season. We get together every Tuesday evening from 6:30 through 9:00 p.m. in Card Room 1 at the Clubhouse. All chess players at any level are welcome and no partner needed. There are no dues and no fees. Chess sets are provided. Games are casual and relaxed so come and play. Masks are optional. Chances are you haven't played for years or decades or since you were in high school (We hear that a lot!) Don't worry. As long as you have a vague recollection of how the pieces move, it will come back to you and no one's keeping score or rankings. The point is to have a pleasant evening while exercising our brain. Now it's your move.

.....

Clay Sculpture Club

By Sandy Werner

The Clay Sculpture Club studio is bordered by the golf course on one side and the Cove on the other. The studio is light and beautiful and open to anyone in our Wynmoor community who would like to try their hand at sculpture. We will be offering some introductory courses to encourage and to give courage to those who have not "played with clay" for a very long time.

Please call Sandy Werner at 973-476-6943 or Pierrette Zeestraten at 514-704-4497 for more information.

.....

Conservative Club

By Andrea Joy Frankel-Bellitto

The members of The Conservative Club of Wynmoor, since we did not have a meeting due to the Jewish holidays in September, hopes that all that observed, had a good New Year, La Shana Tova, and had an easy fast for Yom Kippur.

Our October meeting will be spectacular and very informative. I am so happy to welcome back David W. Caulkett. Mr. Caulkett has been a leader

Continued on page 48

Clubs and Activities

Continued from page 47

and strong advocate of a reduction of immigration levels in the U.S. as a prerequisite to a sustainable future. David was the founder of The Floridians for Immigration Reform. FLIMEN was founded in 2004.

David's academic credentials include a BA from Michigan State University and an MBA from FI Atlantic University.

David has done and accomplished many more things since we have seen him last, and we are anxious to hear all he has to say. There will be a Q & A.

We will be having pizza. A special treat for the evening! We need an RSVP by October 10th please, so know how many pies to order. 2 slices per member. Soft drinks and coffee will be served as well.

We welcome guests. We ask \$3 per guest. Dues are \$15 per person for the fiscal year. January to January. Not retroactive.

Our October meeting is Tuesday, October 17th at 7:30 p.m. I ask people to start arriving by 7:00 p.m. to get their refreshments and seats, so we can begin by 7:30 p.m. It is in Ballroom A in The Wynmoor Clubhouse.

Thank you and thanks to all that serve our country in uniform, from law enforcement to the military, we never forget your sacrifice for our nation!

.....

Current Events

By Susan Myers

Please join us each week as we discuss various topics of interest to Wynmoor residents who get together every Tuesday morning from 10:00 a.m. - 11:30 a.m. in Card Room 1 within the Country Club area. Topics vary depending on the needs of the individual speaking. We begin each meeting with news related to Wynmoor management issues based on their most recent meetings. Following each meeting, we often get together for lunch. You are always welcome!

David Behr at 954-975-9191, Susan Myers at 954-933-7743.

.....

Democratic Club

By Steve Vajda

Join us Tuesday, October 3rd, in the Country Club Ballroom promptly at 2:00 p.m. (doors open at 1:15 p.m.).

Presentations: Ed Leuchs, Broward LGBTQ+ Caucus, will speak on "Today Losing LGBTQ+ Rights / Tomorrow it will be YOU!" Ed Leuchs will show how our constitutional rights are being taken away. What can each of us do? A lively discussion will lead us to ACTION!

Also, come early: From 1:15 - 2:00 p.m.: Representatives from the Broward Supervisor of Elections will be onsite to assist you in checking your current voter registration and to help you apply for a Mail-in Ballot.

For more information, contact Steve Vajda at 305-720-5860 or stevevajda@hotmail.com.

.....

Drawing and Painting Club

By Lynn Miller and Beatrice Horowitz

The Club is open Monday and Friday mornings to club members and Wednesday afternoons from 1:00 p.m. If you are interested in joining us, please come to the Art Room situated opposite the Doctor's Room on Wednesdays.

.....

Fun With Friends 2

By Benjamin Zoe & Debbie Chait

The next Fun With Friends 2 dance will be on Sunday, October 15th. The event will feature the WolfePak Band.

The WolfePak Band is a virtual powerhouse of musical genius faithfully replicating the best Grammy and Hall of Fame hits in Rock, Jazz, Funk and Blues.

Get ready for an action-packed performance filled with powerhouse vocals, full-bodied harmonies, world class guitar, masterful piano solos, driving bass lines and an equally superb percussion section that will pull you deep into the rhythm. The top Grammy and Hall of Fame musical selections they play are inspired by their unique and collective backgrounds in Rock, Blues, Jazz and Funk. Spend an evening with the band and you too will become a fan. That's a promise as you experience the FUN of this great band with your FRIENDS.

Don't miss your chance to experience WolfePak - GET YOUR TICKETS NOW!

Memberships for the June 2023 to May 2024 season are still available at a cost of \$15. While members have priority for ticket sales on a first-come first-served basis, membership does not guarantee dance admission due to the Ballroom's legal occupancy limits.

The cost to attend our events is \$10 in advance for members and, if space is available, \$20 for non-members. Tickets sales for members to the October dance began on September 23rd. A VERY LIMITED number of \$20 non-

member tickets MAY BE available on a first come, first served basis beginning on October 4th. NO TICKETS WILL BE SOLD AFTER OCTOBER 8th.

Event registration forms were emailed to members on September 23rd. Non-members can request registration forms and for all further information send email to: OUR NEW EMAIL ADDRESS, FWF.2nd@gmail.com

.....

Hadassah

By Toby Norman

There should be flyers on the carousel letting you know our upcoming season's programs and special events. Next time you are near the clubhouse, stop in and pick one up. Then you can join us for as many of our events as you can.

If you need a tree or a certificate for any occasion, please call Bernice Riback 954-984-1703, and she will be glad to help you. Your continued support of Hadassah is greatly appreciated.

.....

Health and Wellness Club

By Hope Myers

The Health and Wellness Club is thrilled to present the HEALTHY LIVING EXPO on Tuesday, October 10th in the Main Ballroom at the Clubhouse. The event is scheduled from 10:00 a.m. - 12:00 p.m. This is your chance to meet many health professionals from the nearby area. Doctors will be speaking on their specialties from the stage and available to answer your questions at their individual booths. A free boxed lunch including a sub, chips and a bottle of water will be given to the first 250 people to attend. If you need a gluten-free lunch, please call Hope Myers at 954-971-9538 to order. A Broadway singer will entertain. Lots of raffle prizes will be given away. This event is promises to be informative and great fun!

The Expo is the Club's activity/meeting for the month of October. The next general meeting of the Health & Wellness Club will be in November. More information will follow in subsequent publications. The mission of the Health and Wellness Club is to provide Wynmoor residents with information to live a healthy lifestyle. The Club meets once a month from October - April. We hope to see all of you at our meetings. For more information contact Hope Myers, President at 954-971-9538.

.....

Ladies Circle Club

By Diane San Anton

The October meeting of the Ladies Circle Club will be on October 26th, at 11:30 a.m. in Ballroom C. Thank you for those who have offered to volunteer as well as your suggestions to make our club a success. Our program for October is a presentation of products from The Lemongrass Spa. The products contain only natural ingredients and is best known for its gentle healing properties and vitamins. Coming up on site are paper flower making, a "chair" yoga demonstration, presented by Jane Charland, a sing-along with Shelly Brill from the Fabulons, and the presentation of the Yellow Dot safety program. Since our room will not be available for the December meeting, we are planning a "ladies high tea." Watch for the exact date and more information. Special fund raiser events will be Juke Box Bingo and a card party. For more information, please call Diane at 954-590-2794, Patti at 954-531-4887 or Harriet Lopez (President) at 954-242-5421. Please note activities may change without notice due to circumstances beyond our control.

.....

Mah Jongg Club

By Nancy Smith

Tournaments run from 9:45 a.m. - 3:45 p.m. We play six rounds. There is a break to eat the lunch that you have brought. We play at the West Wing on Mondays and the Ballroom on Fridays. Each person pays a \$10 entry fee. Reservations MUST be made ahead of time so that the tables will be set up properly. For additional information, please call Nancy at 954-610-1539 or Rochelle at 954-822-6245. Wishing you all many jokers!

.....

Monday Night Dance

By Tamara Tresniowski

BOO!! It is that time of year again. Our October is jammed packed with great activities. October 2nd is Ken and Barbie Day! Wear pink and come learn Mamma Maria line dance taught by Anne Sheldon. We are also celebrating National Homemade Cookie Day (sign up week before if you will bring cookies. Free entry for every 12 cookies!) October 9th is National Chocolate Covered Pretzel Day and our lesson is Oh Carol taught by Sherry J. October 16th is National Necktie Day so come wearing a funky necktie and get a Swing lesson with Hillel Cohen. October 23rd is National Apple Day and we



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 (Reg. \$35 per vent)
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AIR DUCT CLEANING
 Our Complete Procedure includes:
 Remove/Clean Air Registers
 Vacuum out the entire system & intake (where air filter is located) with a commercial hepa vacuum
 Sanitize system with an EPA registered disinfectant and re-install vents for proper air flow

Our Company has been family owned and operated providing professional on-time service for Wynmoor residents since 1992. We are licensed and insured, offering a multitude of products/services:
 Air Duct Cleaning,
 Air Filtration/Purification & Water Purification.

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(954) 974-0238

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 Ask for Michael Prisciantelli

2/2023 rev

"ENHANCE YOUR QUALITY OF LIFE"

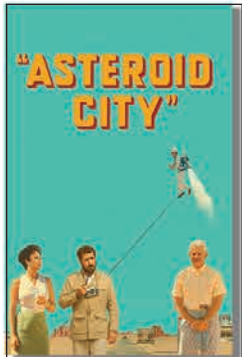


OCTOBER

MOVIE NIGHT



wynmoor
theatre



Asteroid City

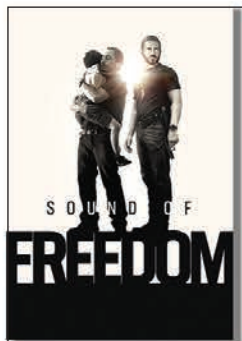
1 hour, 45 minutes

Wednesday, Sept. 27th at 2 PM* & 7:30 PM
Sunday, Oct. 1st at 7:30 PM*

* (Open Caption)

Starring Jason Schwartzman, Scarlett Johansson, Tom Hanks & Margot Robbie. Following a writer on his world famous fictional play about a grieving father who travels with his tech-obsessed family to small rural Asteroid City to compete in a junior stargazing event, only to have his world view disrupted forever.

Rated PG-13 on appeal for brief graphic nudity, smoking and some suggestive material. Comedy, Drama. Romance.



Sound of Freedom

2 hours, 15 minutes

Wednesday, Oct. 4th at 2 PM* & 7:30 PM
Sunday, Oct.. 8th at 7:30 PM*

* (Open Caption)

Starring Jim Caviezel, Mira Sorvino & Bill Camp. After rescuing a boy from ruthless child traffickers, a federal agent learns the boy's sister is still captive and decides to embark on a dangerous mission to save her. With time running out, he quits his job and journeys deep into the Colombian jungle, putting his life on the line to free her from a fate worse than death.

Rated PG-13 for thematic content involving sex trafficking, violence, language, sexual references, some drug references and smoking throughout. Action, Biography. Drama.



Oppenheimer

3 hours

Wednesday, Oct. 11th at 2 PM* & 7:30 PM
Sunday, Oct. 15th at 7:30 PM*

* (Open Caption)

Starring Cillian Murphy, Emily Blung & Matt Damon. During World War II, Lt. Gen. Leslie Groves Jr. appoints physicist J. Robert Oppenheimer to work on the top-secret Manhattan Project. Oppenheimer and a team of scientists spend years developing and designing the atomic bomb. Their work comes to fruition on July 16, 1945, as they witness the world's first nuclear explosion, forever changing the course of history.

R for some sexuality, nudity and language. Biography, History, Drama.



Barbie

1 hour, 54 minutes

Wednesday, Oct. 18th at 2 PM* & 7:30 PM
Sunday, Oct. 22nd at 7:30 PM*

* (Open Caption)

Starring Margot Robbie, Ryan Gosling & Issa Rae. Barbie and Ken are having the time of their lives in the colorful and seemingly perfect world of Barbie Land. However, when they get a chance to go to the real world, they soon discover the joys and perils of living among humans.

Rated PG-13 for suggestive references and brief language. Action, Comedy, Fantasy.



Mission: Impossible - Dead Reckoning Part One

2 hours, 24 minutes

Wednesday, Oct. 25th at 2 PM* & 7:30 PM
Sunday, Oct. 29th at 7:30 PM*

* (Open Caption)

Starring Tom Cruise, Hayley Atwell & Ving Rhames. Ethan Hunt and the IMF team must track down a terrifying new weapon that threatens all of humanity if it falls into the wrong hands. With control of the future and the fate of the world at stake, a deadly race around the globe begins. Confronted by a mysterious, all-powerful enemy, Ethan is forced to consider that nothing can matter more than the mission -- not even the lives of those he cares about most.

Rated PG-13 for intense sequences of violence and action, some language and suggestive material. Action, Adventure, Thriller.

**** MASKS ARE OPTIONAL ****

Movies start on time. No reserved seating for movies. Movie tickets are \$2.00 (check/cash); exact amount is REQUIRED! NO CHANGE WILL BE PROVIDED.

IDs are required; Guests are permitted accompanied by host Resident! Hearing Assist unavailable. Children younger than 15 are not permitted Theatre.

No food/drink allowed in Theatre. Bottled Water - OK. No smoking in Theatre including E-Cigarettes. Movies are subject to substitution.

There are no refunds or exchanges. Some people are allergic to perfume and cologne. If you must use these items, please go lightly.

ENHANCING MY KNOWLEDGE OF CANADIAN ART IN TORONTO

By Barry Isaac

In August, I visited the Art Gallery of Ontario located in Toronto's vibrant Chinatown. This review emphasizes the Art Gallery of Ontario's comprehensive collection of Canadian Paintings from the late 19th Century up to the 1950's. I realize that the Art Gallery of Ontario has quality European Paintings and Art worthy of praise. However, I have chosen to restrict my review to paintings produced by Canadian Artists.

The first painter that I have chosen to discuss is Helen McNicoll, a pioneering Naturalist and Impressionist style Canadian Painter. At the Art Gallery of Ontario, I was impressed with following paintings by Helen McNicoll; "Picking Berries," "Interior," and "Under The Shadow of a Tent." Helen McNicoll who was greatly influenced by American Painter, Mary Cassatt employed Naturalism in her paintings and was a pioneering Canadian Impressionist. Many of her works on display depicted children and mother and child relationships.

Other early 20th Century Canadian Painters who had paintings that show the influence of the French Impressionists were Clarence Gagnon, James Morrice, and Maurice Cullen. I was especially enamored with the following paintings; Clarence Gagnon's "Quebec Village Street," Maurice Cullen's "Ice Cutting Quebec City," "Bird Shop on Saint Lawrence Street," and James Morrice's "Effects of Snow," "Gibraltar." Clarence Gagnon, Maurice Cullen, and the very itinerant James Morrice are associated with Eastern Canada.

A culminating experience in my day of studying Canadian Art were the Art Gallery of Ontario's definitive collection of Group of Seven oil paintings. The

Group of Seven Painters depicted the physical beauty of Canada in a very special manner. Members of the Group of Seven included Alexander Jackson, J.E.H MacDonald, Lawren Harris, Frank Johnston, Franklin Carmichael, Frederick Varley, Arthur Lismer, Albert Casson, Edwin Holgate, and Tom Thomson. All of these painters were influenced by the French Impressionists, especially the brilliant colors of their paintings. Personal favorites were Tom Thomson's "West Wind," J.E.H MacDonald's "Algoma Waterfall," Lawren Harris' "South Shore, Bylet Island," "Baffin Islands Mountains," "Lake Superior," Arthur Lismer's "Clear Winter," "Clear Winter Logging in Nova Scotia," "Frederick Varley's "Immigrants," "Lake Garibaldi, B.C," Alexander Jackson's "Georgian Bay, Evening," "In Jasper Park," Frank Johnston's "Hubert Lake," Frank Carmichael's "Cranberry Lake," "Light and Shadow," (my number one favorite Group of Seven Painting that day) A.J. Casson's "Mill at Alton," "House Tops in Ward," and Edwin Holgate's "Spring Break Up."

Other Canadian Painters whose paintings that I considered very innovative at the Art Gallery of Ontario were Emily Carr "Thunderbird," "Indian Church," depicted the life style of Native People of the Pacific Northwest, David Milne "Maine Monument," "Dark Shore Reflected, Bishop's Pond," Alex Colville "Soldier and Girl," and William Kurelek "Prairie Town in Winter," "Don Valley, Grey Day."

Hopefully, if you live in Toronto and/or you visit this vibrant large city, you will appreciate fine Canadian works of Art at the Art Gallery of Ontario.





Audition for Musical Acts!
October 11, 2023
3:00-6:00 PM
COUNTRY CLUB BALLROOM

**Auditions for live acts at
The Wynmoor Short Film Festival
to be held March 22 & 23, 2024**

**Music selections of 4 minutes or
less featuring a theme song or
prominent music from any movie.**

**Sign up for auditions at
threebridgepub@aol.com**


Please provide:

- Contact Person / Phone Number
- Title of Movie / Title of Song
- Music, if needed

For Information Call: 954-978-1368


Happy Birthday

ALBERT



Albert Brunn, Holocaust survivor and longtime Wynmoor resident, celebrates his 99th birthday.

Monday Night
Dance & Social Club
Wynmoor Ballroom



Want to learn line dances often done at Wynmoor events? Several are now streaming on Wynmoor Community Television. Go to the link below in your web browser for these "Instructional Videos" and you can learn and dance along with some of your Wynmoor neighbors!

www.youtube.com/@WynmoorCommunityTelevision/playlists

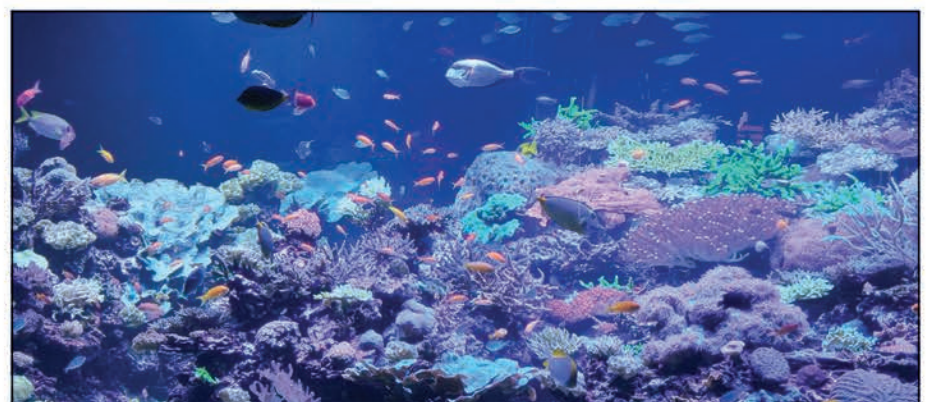
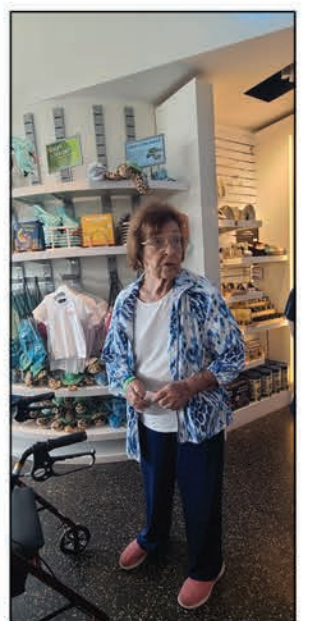
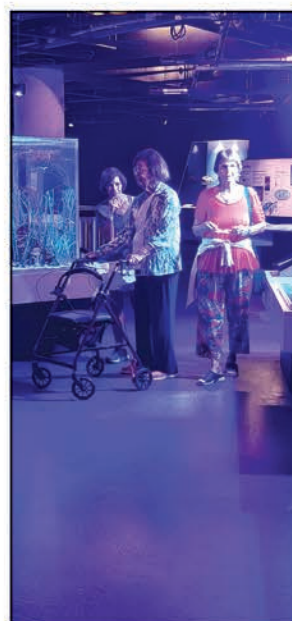
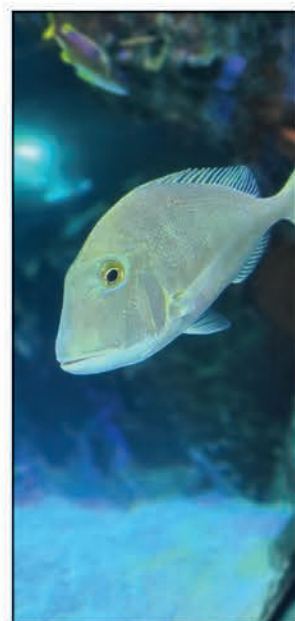
Just Dance! #1	Ah Si & Fireball
Just Dance! #2	Boot Scootin' Boogie
Just Dance! #3	Bob Robert's Society Band
Just Dance! #4	Belly Dance Line Dance
Just Dance! #5	Sex on the Beach
Just Dance! #6	Mamma Maria
Just Dance! #7	Chili Cha Cha

The Monday Night DANCE and SOCIAL Club

The Krush Party Band



The Frost Museum



Clubs and Activities

Continued from page 48

will be reviewing Chilly Cha Cha line dance with Karen Beckman and LAST BUT NOT LEAST October 30th is The Monday Night Dance Club annual Halloween Costume Dance party. Our membership dues are now \$10 and still \$2 each week to enjoy dancing and refreshments. Guests are welcome and are \$5. Looking forward to dancing the night away in October with all of you.

Nature And Arts Club

By Elaine Lurie

Do you love exploring all the nature and culture that South Florida has to offer? Then the Nature and Arts Club is for you! Our club brings together Wynmoor residents who enjoy visiting museums, galleries, botanical gardens, marine education facilities, and other attractions. In addition to these outings, we hold monthly breakfast meetings where you'll have an opportunity to hear interesting lectures on a range of topics and socialize with club members. Our newsletter will keep you updated on club news, activities, and community trips. It's easy to become a member or to renew your membership! Dues are \$15 per person for the 23/24 season. Please make your check payable to the Wynmoor Nature and Arts Club. Mail or drop off your check to our membership coordinator: Sheryl Darby, 3302 Aruba Way, Apt. J2, Coconut Creek, FL 33066. Please contact Sheryl at 954-977-4008 with membership questions. Mark your calendar for our first meeting of the season! Join us for a light breakfast and program on November 2nd in Ballrooms A and B. Doors open at 9:30 a.m. Become a club member today and share the beauty of nature and the arts with us.

Needlework Click

By Barbara Bilello

Our meetings are each Tuesday of the month. We are in the West Wing from 1:00 p.m. - 4:00 p.m. We serve coffee, tea, and yummy snacks. Everyone is invited to join us. If your new to Wynmoor come and make new friends.

We have knitters, sewing and crochet ladies. We have fun and lots of laughing going on. Everyone shares what they're doing. We donate what we make to various charities. Thank you all who have donated many beautiful items. Thanks to all who have donated all the yarn. If you have yarn that you don't need, please think of us as we will gladly pick it up. Call Barbara 754-222-6275.

Night Tennis

By Jo Ann Perreault

The Night Tennis program has been run for 16 years under the guidance of Jo Ann Perreault and Dennis Levans. Every Monday, Tuesday, and Thursday nights from 6:30 - 8:00 p.m., with a warmup period beginning at 6:15 p.m., they shepherd players to a good time.

Mondays and Tuesday's fee of a dollar is requested, no charge on Thursdays. The money collected is used to purchase balls, so they always play with new balls and the surplus funds are used for pizza parties.

The required skill level is 3.0 – meaning being able to serve, and return serve effectively and to maintain one's part in a rally. If this describes your ability, please come, and join the players for exercise and socializing under the lights.

Pickleball Club

By Mayda Coombs

Summer is over and we are looking forward to getting together with our seasonal friends. We will soon be in full swing with our tournaments, dinner dances, and clinics. Keep an eye out for upcoming events posted on the bulletin board at the Racquet Center and on Facebook.

We are always excepting new members. Dues are \$10 per person. Anyone interested in joining please contact Chuck Milstein at 954-366-1149.

Pottery Club

By Edwin Meyer

In the following months we will be hosting Open Studio events and benefits so stay tuned to this space for future announcements.

Women's Pool Group "The MsCues"

By Bob Horowitz

Open to all levels of skill from the beginner to the advanced player. Have fun and meet new friends! This is a free event for all Pool Club members and their guests. We meet every Tuesday at 3:00 p.m. in the Pool & Billiard Room. Questions, contact Carol at: cas242@hotmail.com or 978-979-1681.

For more information about the Pool and Billiard Club, to join our e-mail list or to sign up for an event or meeting - WynmoorPoolClub@gmail.com. The cost to join the club is only \$5 for the whole year!

Woodworking Club

By Ernie Fleury

The Wynmoor Woodworking Club is open 7 days a week from 9:00 a.m. to about 4:00 p.m. We are located at the east end of the Clubhouse. There is a club officer present daily and inquires can be addressed by most members present at that time.

Writer's Workshop

By Judy Weissman, PhD

Before the snowbirds return, have you written words to show the Writers' club, to get support and feedback? If interested in attending the Writer's Club or asking questions, contact: Nancy Heller Moskowitz, Club President, at: laughlady55@aol.com.

Your fellow scribe, Judy

Wynmoor Ladies Golf Association

By Linda Sue Lewis-Moors

WLGA league golfers are looking forward to an exciting and active fall as the weather begins to cool down and their snowbird friends begin to return. In addition, they anticipate playing the restored back nine, which has undergone repair this summer.

All WLGA members belong to the WGA, which is hosting its Annual Golf Getaway to Hutchinson Island October 24-26th. This outing is always popular for its golf and social aspects.

We invite all Wynmoor women golfers to WLGA's annual "Meet and Greet" on November 16th, and we encourage all WLGA members to attend and bring a friend. This is a low key, casual social event where we enjoy meeting potential new members and introducing them to the many opportunities our league offers.

Throughout the Wynmoor golf season, members enjoy special events and weekly tournaments. For more information, join us at the "Meet and Greet," or come to the pro shop.

Wynmoor Republicans

By Miriam Mendelson

We're Back!!! Our First Official Republican meeting will be held on Monday, October 9th, at 7:00 p.m. in the West Wing. Russell DiPerna, a retired NYPD will be our guest speaker. He assisted in the evacuation of the South Tower at the World Trade Center when the 2nd plane hit. He worked for Steve Bannon the Former Chief Strategist to the President of the United States as a foreign policy research analyst for Bannon's podcast, "The War Room." He has a Bachelor's Degree in History and a Master's Degree in Political Science, with a concentration on Middle East Eastern Studies, a Graduate Certificate in Counter-Terrorism Studies & attended the Interdisciplinary Center for Counter-Terrorism Studies in Israel. He served in the US Marine Corps and US Navy Reserves. Currently, he conducts Threat Management for a Hedge Fund Manager.

We will have a 50/50 raffle with the first \$11 being donated to Tunnels to Towers. Dues will start in January. Come and enjoy assorted bagels, cream cheese and cookies. All are welcome to come and listen to this dynamic speaker.

Wynmoor Short Film Festival Club

By Enid Wolf-Schein

Save The Date! Put the Annual Wynmoor Short Film Festival on your calendar. We will have two screenings: Friday, March 22, 2024 at 7:00 p.m. and Saturday, March 23rd at 2:00 p.m. Both events will begin with a series of short films in the Country Club Lecture Hall. From there we go straight into the Ballroom for a Reception where we are waiting to give you popcorn and wine or other drinks. The reception will also include a "Parade of Stars" with short musical acts featuring some of your favorite movie music. Two of our films are Instructional Line Dances. After seeing them the dancers will lead you in-person to do those same dances in our Ballroom, along with other dance music from movies. Ticket sales begin in January. Dates will be announced.

Wynmoor Video and Film Club

By Phil Guterman

If you have a video you captured on your iPad, cell phone or camcorder, we can help you edit it by adding music, narration, special effects, exposure correction and eliminating unwanted scenes by using our sophisticated Pinnacle 20 editing system on our computer. For more information contact Phil Guterman at 954-984-8871.

Puzzles and Games

Solutions from page 29

Crossword Puzzle

P	A	R	E		A	B	E	L		C	A	R	P						
U	N	I	T		S	A	L	A	D		A	G	A	R					
T	O	G	A		P	R	O	V	E		T	O	R	O					
S	N	A	G	S		S	P	I	L	L	A	G	E	S					
					M	E	E	K		E	S	T	E	R					
S	C	A	R	L	E	T		H	A	I	R	D	O						
C	A	R	E	F	R	E	E			S	H	I	R	E					
A	D	O			F	A	L	S	E			C	I	A					
D	E	L	I	S			K	E	Y	N	O	T	E	S					
					T	E	N	P	I	N		W	E	A	R	I	L	Y	
										H	U	M	A	N		D	I	D	O
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A	D	A	R		G	U	A	R	D		R	A	Y	S					
Z	I	T	I		E	R	R	O	R		E	R	A	S					
E	T	A	T			E	S	P	Y		D	Y	N	E					

Famous Artists

T	H	E	P	I	S	S	A	R	R	O	H	M	U	N	C	H	O			
R	E	P	P	O	H	N	K	E	D	L	I	G	S	E	Y	P	A			
D	I	N	T	D	C	T	A	N	E	W	E	O	C	E	I	N				
E	G	T	H	O	A	L	D	N	N	U	A	H	G	A	L	Y				
G	T	V	I	L	U	I	V	O	N	R	A	A	R	N	N	K	K			
A	C	E	L	M	N	L	M	I	A	A	G	Z	T	H	S	A	C			
S	V	O	A	I	T	M	O	T	N	A	R	O	E	N	O	A	V			
N	P	G	O	C	E	A	G	U	L	C	K	B	I	C	R	L	X			
R	H	S	G	H	N	T	B	L	S	E	I	D	M	A	O	L	I			
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E	E	I	S	U	L	M	S	L	F	S	A	L	A	M	R	I	C	A		
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R	R																			
L	E	O	S	S	A	C	T	P	I	T	A	S	S	A	C	S	O			

The hidden message is: THE ONLY PAINTING THAT VINCENT VAN GOGH SOLD IN HIS LIFETIME IS RED VINEYARD ATARLES

Sudoku

5	8	6	7	1	2	4	9	3
1	4	3	5	8	9	6	2	7
2	9	7	3	6	4	1	5	8
3	5	4	6	2	8	7	1	9
7	1	2	9	5	3	8	6	4
8	6	9	4	7	1	5	3	2
6	2	1	8	3	7	9	4	5
4	3	8	1	9	5	2	7	6
9	7	5	2	4	6	3	8	1

Binox

○	○	×	○	×	×
×	○	○	×	×	○
○	×	○	×	○	×
○	×	×	○	○	×
×	○	×	○	×	○
×	×	○	×	○	○



Mah Jongg CARDS

If you are interested in ordering the 2023 Mah Jongg Card please contact Nancy Smith at 954-610-1539. The National Mah Jongg League has raised the prices - \$14 for the Standard Card and \$15 for the Large Card. They will donate \$5 of every card sold to the Alzheimer's Association. The card will be mailed directly to your home address. Please help us to fight this disease!

If you have any questions please do not hesitate to contact Nancy or Judy Palma at 609-577-5946.

The Coconut Creek Police Department patrols the roadways of Wynmoor on a regular basis.

Please obey traffic signs. Violations may result in ticketing.

Commercial Vans, Trucks, etc.
Are **NOT** permitted to park overnight on Wynmoor property.

FOR SALE

Single Plot in the Garden of Solomon
Star of David - Baily Road - Margate FL

Privately asking **\$3500.00**
land only



Different views of the plot for sale in the Garden of Solomon, 5-238

Once the property is sold I will sign a quitclaim and affidavit form and Star of David (Dignity Memorial) will process the proper paperwork to show the recipient's ownership.

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